

# SPORTS • FITNESS • AQUATICS



## 2024 CALENDAR

USAG YONGSAN-CASEY

### UNIT LEVEL SPORTS PROGRAMS

SPORTS	SIGN-UP DEADLINE		COACHES MEETING		LEAGUES AND CHAMPIONSHIPS	
	DATE	LOCATION	DATE	LOCATION	DATE	LOCATION
BASKETBALL (WINTER)	27 NOV 2023	FITNESS CENTERS	28 NOV 23 @ 1200 HRS	CAREY PFC	11 DEC 23 - 16 FEB 24	CAREY FITNESS CENTER
VOLLEYBALL	26 FEB	FITNESS CENTERS	27 FEB @ 1200 HRS	CAREY PFC	5 MAR - 19 APR	CAREY FITNESS CENTER
SOFTBALL	22 APR	K-16 FITNESS CENTER	1 MAY @ 1200 HRS	K-16 PFC	10 MAY - 12 JUL	K-16 SOFTBALL FIELD
SOFTBALL	23 APR	FITNESS CENTERS	24 APR @ 1200 HRS	CAREY PFC	6 MAY - 19 JUL	SOLDIERS & HOVEY FIELDS
BASKETBALL (SUMMER)	17 JUN	FITNESS CENTERS	18 JUN @ 1200 HRS	CAREY PFC	25 JUN - 9 AUG	CAREY FITNESS CENTER
SOCCER	19 AUG	FITNESS CENTERS	20 AUG @ 1200 HRS	CAREY PFC	27 AUG - 18 OCT	SCHOONOVER BOWL
FLAG FOOTBALL	6 SEP	K-16 FITNESS CENTER	11 SEPT @ 1200 HRS	K-16 PFC	13 SEP - 8 NOV	K-16 SOFTBALL FIELD
FLAG FOOTBALL	26 AUG	FITNESS CENTERS	27 AUG @ 1200 HRS	CAREY PFC	9 SEP - 8 NOV	SOLDIERS & HOVEY FIELDS

### INDIVIDUAL SPORTS/FITNESS/AQUATICS PROGRAMS

EVENT	DATE	REGISTRATION TIME	START TIME	LOCATION
DEADLIFT COMPETITION	24 MAY	0900 HRS	1000 HRS	K-16 FITNESS CENTER
5K FUN RUN	9 MARCH	0800 HRS	0900 HRS	HANSON FIELD HOUSE
BATAAN DEATH MARCH MEMORIAL	23 MARCH	0800 HRS	0900 HRS	HANSON FIELD HOUSE
SEXUAL ASSAULT AWARENESS & PREVENTION 5K (RUN/WALK/RUCK)	20 APRIL	0800 HRS	0900 HRS	HANSON FIELD HOUSE
SEXUAL ASSAULT AWARENESS & PREVENTION 5K RUN	27 APRIL	0800 HRS	0900 HRS	K-16 FITNESS CENTER
MEMORIAL DAY 5K RUN	25 MAY	0800 HRS	0900 HRS	HANSON FIELD HOUSE
ARMY BIRTHDAY 5K RUN	8 JUNE	0700 HRS	0800 HRS	HANSON FIELD HOUSE
5K COLOR RUN	22 JUNE	0800 HRS	0900 HRS	K-16 FITNESS CENTER
SUICIDE AWARENESS & PREVENTION 5K RUN	14 SEPTEMBER	0800 HRS	0900 HRS	HANSON FIELD HOUSE
DOMESTIC VIOLENCE AWARENESS 5K RUN	5 OCTOBER	0800 HRS	0900 HRS	HANSON FIELD HOUSE
K-16 5K FUN RUN	2 NOVEMBER	0800 HRS	0900 HRS	K-16 FITNESS CENTER
3K GLOW RUN	2 NOVEMBER	1800 HRS	1900 HRS	HANSON FIELD HOUSE
THANKSGIVING TURKEY TROT 5K RUN	23 NOVEMBER	0800 HRS	0900 HRS	HANSON FIELD HOUSE
JINGLE BELL 5K RUN	7 DECEMBER	0900 HRS	1000 HRS	HANSON FIELD HOUSE
1000/500 LBS WEIGHTLIFTING CONTEST	14 DECEMBER	0900 HRS	1000 HRS	K-16 FITNESS CENTER

### UNIT LEVEL HOLIDAY INVITATIONAL TOURNAMENTS

SPORTS	EVENT	SIGN-UP DEADLINE	COACHES/PLAYER MEETING		TOURNAMENT DATE	LOCATION
			DATE	LOCATION		
5 ON 5 BASKETBALL	MARTIN L. KING JR. BIRTHDAY	5 JAN	10 JAN @ 1200 HRS	10 JAN @ 1200 HRS	12-13 JAN	K-16 FITNESS CENTER
BASKETBALL	MARTIN L. KING JR. BIRTHDAY	8 JAN	10 JAN @ 1200 HRS	8 JAN @ 1200 HRS	12-15 JAN	CAREY FITNESS CENTER
SOFTBALL	MEMORIAL DAY	20 MAY	21 MAY @ 1200 HRS	21 MAY @ 1200 HRS	24-27 MAY	SOLDIERS & HOVEY FIELDS
SOFTBALL	INDEPENDENCE DAY	24 JUN	25 JUN @ 1200 HRS	25 JUN @ 1200 HRS	1-4 JUL	SOLDIERS & HOVEY FIELDS
SOFTBALL	INVITATIONAL TOURNAMENT	12 JULY	17 JUL @ 1200 HRS	17 JUL @ 1200 HRS	19 - 20 JULY	K-16 SOFTBALL FIELD
FLAG FOOTBALL	LABOR DAY	26 AUG	27 AUG @ 1200 HRS	27 AUG @ 1200 HRS	30 AUG-2 SEP	SOLDIERS & HOVEY FIELDS
SOCCER	COLUMBUS DAY	7 OCT	8 OCT @ 1200 HRS	8 OCT @ 1200 HRS	11-14 OCT	SCHOONOVER BOWL FIELD
FLAG FOOTBALL	VETERAN'S DAY	28 OCT	1 NOV @ 1200 HRS	1 NOV @ 1200 HRS	8 - 9 NOV	K-16 SOFTBALL FIELD
BASKETBALL	CHRISTMAS HOLIDAY	16 DEC	17 DEC @ 1200 HRS	17 DEC @ 1200 HRS	23-28 DEC	CAREY FITNESS CENTER

### FOR MORE INFORMATION CONTACT

Mr. Yi, Sung Tok  
 Intramural Program Coordinator @ 722-4637 (010-9025-9956)  
 Email: [sungtok.yi.in@army.mil](mailto:sungtok.yi.in@army.mil)

#### CASEY

- Carey Fitness Center @ 722-4636/1379
- Hanson Field House @ 722-4640/0310
- Hanson Outdoor Swimming Pool @ 722-0223/0310
- Health & Human Performance Center @ 722-4640/0310

#### HOVEY

- Hovey Fitness Center @ 722-1376
- Hovey Indoor Swimming Pool @ 722-0723/4655

#### K-16

- K-16 Fitness Center @ 722-8413/8447
- K-16 Indoor Swimming Pool @ 722-8503

#### JOINT SECURITY AREA / WARRIOR BASE

Email: [sungtok.yi.in@army.mil](mailto:sungtok.yi.in@army.mil)

#### RODRIGUEZ LIVE FIRE COMPLEX @ 722-1579

Email: [sungtok.yi.in@army.mil](mailto:sungtok.yi.in@army.mil)