IN THE ZONE

NOVEMBER 2023















- P. 13 2023 USAG Yongsan-Casey Club Championship **Golf Tournament**
- P. 22 **3K Glow Run**
- P. 33 Camp Humphreys & Osan Air Base Shopping Trip
- P. 43 Hiking Mt. Gamak
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IN THE **ZONE**



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For more information on the magazine, call DSN 722-4618, from Cell 050-3322-4618.

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Stay Connected!



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CASEY/HOVEY FAMILY & MORALE, WELFARE AND RECREATION FACILITIES

CAMP CASEY

FOOD & BEVERAGE

Impact Zone (Former Gateway Club)

Building #2540 DSN: 722-4627 / 4628 / 4783 Hours of Operation Dining

Sun-Thu: 1100-2300 Fri-Sat & Holidays: 1100-2400

Sun-Thu: 1700-2300

Fri-Sat & Holidays: 1700-0100 **Game Room**

Sun-Thu: 1100-2300 Fri-Sat: 1100-0100 **Delivery**

Sun-Thu: 1100-2200 Fri-Sat: 1100-2400

Indianhead Golf Course Restaurant

Building #S-650 Hours of Operation

Dining: 722-0381 Daily: 0630-2000

Pin High Café

Daily: 0800-1930 Golf Course & Pro Shop:

722-0381

Mon-Fri: 0800-1930 Sat-Sun: 0730-1930

Warrior's Club (BAMA'S)

Building #S-533 DSN: 722-4625 / 722-4604 Hours of Operation Breakfast

Mon-Fri: 0700-1100 Sat-Sun, Training & US Holiday: 0900-1100

Dining

Sun-Thu: 1100-2230 Fri-Sat: 1100-2400 **Bar**

Bar

Sun-Thu: 1700-2200 Fri-Sat: 1700-2400

Game Room

Sun-Thu: 1000-2200 Fri-Sat: 1000-2400

Warrior's Creative Catering

Building #S-533 DSN: 722-4604 Hours of Operation

Mon-Fri: 0900-1800 OPEN for Special Events, Catering & Reservations. Saturday, Sunday & KN Holidays: CLOSED (Catering will OPEN on Saturday or Sunday upon request)

Warrior Coffee Company Hours of Operation

Mon-Fri: 0700-2130 Sat-Sun, Training & US Holiday: 0800-2130

HEALTH & FITNESS

Carey Fitness Center

Building #S-1715 DSN: 722-1379 / 722-4636 Hours of Operation

Mon-Tue: 0500-2200 (If U.S./Training Holiday on Monday & Tuesday: 0700-2000) Wed 0500-Sun 2000 (Continuously Open)

Hanson Field House Building #S-3015

DSN: 722-0310 / 722-4640 Hours of Operation Mon-Fri: 0500-2200 Sat, Sun & U.S./Training Holidays: 0800-2000 KN Holiday: Closed

Hanson Outdoor Swimming Pool

Building #S-3034 DSN: 722-0223 / 722-0310 Wednesday - Monday: 1200 - 2000 Tuesday: Closed

(Except on U.S./Training Holidays)

Closed for the season

Health & Human Performance Center (HHPC)

Building #S-3030 DSN: 722-4639

Hours of Operation Mon-Fri: 0500-2200

Sat, Sun & U.S./Training Holidays: 0800-2000 KN Holiday: Closed

RECREATION

Casey Golf Course

Building #S-650 Hours of Operation Golf Course & Pro Shop: 722-0381

Mon-Fri: 0800-1930 Sat-Sun: 0730-1930 **Dining: 722-0374 / 722-4624** Daily: 0630-2000

Pin High Café
Daily: 0800-1930

Casey Buccaneer Bowl Building #S-3014

DSN: 722-4622 Hours of Operation Lanes, Snack / Game Room / Bar

Sun, Mon, Wed & Thu: 1100-2200 Fri-Sat & Holidays: 1100-2400 Tue: Closed

Leisure Travel Services Building #S-2236

DSN: 722-4645 / 722-3291 Hours of Operation Tue-Sat: 0900-1800

Tue-Sat: 0900-1800 Sun & Mon: Closed

Outdoor Recreation Building #S-2236

DSN: 722-4642 / 722-4643 Hours of Operation

Tue-Sat: 0900-1800 Sun & Mon: Closed

Casey CAC Building #S-2236

DSN: 722-4644 / 722-4648 Hours of Operation

Mon-Sat: 0900-2100 Sun: 1000-1900

Casey Library Building #S-2236 DSN: 722-4634

Hours of Operation Mon-Sat: 1000-1900 Sun: Closed

SERVICES

Army Community Service (ACS)

Building #2451 DSN: 722-1578 Hours of Operation ACS / AER

Mon-Tue & Thu-Fri: 0800-1700 Wednesday: Closed

Casey Auto Skills Center

Building #S-2330 DSN: 722-4641 Hours of Operation

Mon-Sat: 0900-1730 Sun & KN Holidays: Closed

CAMP HOVEY

Iron Triangle Club Building #S-3974

DSN: 722-4650 Hours of Operation

Tue -Thu & Sun: 1700-2200 Fri & Sat: 1700-2400 Mon: Closed

Hovey Fitness Center Building #S-3415

DSN: 722-1376
Hours of Operation

Hours of Operation Mon-Fri: 0400-2200

Sat, Sun & U.S./Training Holidays: 0600-2200

Hovey Indoor Swimming Pool

Building #S-3414 DSN: 722-0723 / 722-4655

The Hovey Indoor Swimming Pool is closed until 31 December due to renovation.

Hovey Bowling Center

Building #S-3823 DSN: 722-4649

Hours of Operation

Sun, Mon, Tue & Thu: 1100-2100 Fri-Sat & Holidays: 1100-2200 Wed: Closed

Hovey CAC Building #S-3974/B DSN: 722-4658

Hours of Operation Mon-Sat: 1200-2000 Sun: Closed

Hovey Library

Building #S-3754/B DSN: 722-4653

Hours of Operation

Sun-Thu: 1000-1900 Fri, Sat & KN Holidays: Closed

From Cell Phone 050-33+Last Six DSN

Example
DSN: 7xx-xxxx
From Cell: 050-33xx-xxxx

Casey & Hovey November Upcoming Events

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
			1	2	3	4
Outdoor Recreati Leisure Travel Se Army Community	rvices: LTS y Service: ACS y Activity Center: CAC		Special Bowling for KATUSA 1100-2200, Casey Lanes Movie at Casey Library 1600, Casey Library English Language Class 1700-1800, Casey CAC	Korean Language Class 1700-1800, Casey CAC	Glow-in-the-Dark Golf Tournament 1800, Golf Course Texas Hold'em 1800, Impact Zone Moonlight Bowling 1900, Casey & Hovey Lanes	2023 USAG Yongsan-Casey Club Championship Golf Tournament 0900, Golf Course Sansawon Rice Wine & Whisky Tasting Tour 0900, ODR Thanksgiving Special 8 Ball Pool Tournament 1300-1500, Casey CAC 3K Glow Run 1900, Hanson Gym
5	6	7	8	9	10 Veterans Day Observed	11 Veterans Day
Area I BOSS Painting 1500-1700, Casey CAC Book Club	Post Deployment Class 0930-1030, ACS Pizza Night	Vesting in Thrift Savings Plan (TSP), 9300-1030, ACS Special Bowling for KATUSA	Special Bowling for KATUSA 1100-2200, Casey Lanes Anger, Stress and Conflict	Korean Language Class 1700-1800, Casey CAC Book Club	Permanent Change of Station Class, 0930-1030, ACS 9 Ball Tournament	Incheon Songdo Central Park & China Town Tour 0800, LTS
1300-1400, Hovey Library Texas Hold'em 1500, Impact Zone	1700-1900, Impact Zone Red Pin Bowling 1800-2100, Hovey Lanes	1700, Hovey Lanes	Management Class 1300-1400, ACS English Language Class 1700-1800, Casey CAC	1730-1830, Casey Library	1400, Hovey CAC Texas Hold'em 1800, Impact Zone Moonlight Bowling 1900, Casey & Hovey Lanes	9 Pin No Tap Bowling Tournament, 1300 Casey Lanes 9 Ball Tournament 1300-1500, Casey CAC Off Post Ville Clean-Up 0800, Casey Main Gate
						Moonlight Bowling 1900-2000, Casey/Hovey Lanes
12	13	14	15	16	17	18
Texas Hold'em 1500, Impact Zone	Pizza Night 1700-1900, Impact Zone	Promotion Class 0930-1030, ACS	Special Bowling for KATUSA 1100-2200, Casey Lanes	8 Ball Pool Tournament 1800, Hovey IT Club	Birth of First Child 0930-1030, ACS	Hiking Mt. Gamak 0800, ODR
	Red Pin Bowling 1800-2100, Hovey Lanes	Movie at Hovey Library 1500, Hovey Library Special Bowling for KATUSA	Anger, Stress and Conflict Management Class 1300-1400, ACS	Korean Language Class 1700-1800, Casey CAC	Texas Hold'em 1800, Impact Zone Moonlight Bowling	Thanksgiving Turkey Trot 5K Run, 0900, Hanson Gym Off Post Ville Clean-Up
		1700, Hovey Lanes	English Language Class 1700-1800, Casey CAC		1900, Casey & Hovey Lanes	0800, Casey Main Gate Darts Tournament 1300-1500, Casey CAC
						Moonlight Bowling 1900-2000, Casey/Hovey Lanes
19	20	21	22	23 Thanksgiving Day	24	25
Area I BOSS Painting 1500-1700, Casey CAC Texas Hold'em	Divorce Class 0930-1030, ACS Pizza Night	Entitlements and Continuation Pay 0930-1030, ACS	Special Bowling for KATUSA 1100-2200, Casey Lanes English Language Class	Lotte World Aquarium & Amusement Park Tour 0900, LTS	Black Friday Sale 0730-1930, Golf Course Pro Shop Texas Hold'em	Camp Humphreys & Osan Air Base Shopping Tour 0800, LTS
1500, Impact Zone	1700-1900, Impact Zone Red Pin Bowling 1800-2100, Hovey Lanes	Special Bowling for KATUSA 1700, Hovey Lanes	1700-1800, Casey CAC	Thanksgiving Day Karaoke for Fun 1400, Hovey CAC Table Tennis Tournament	1800, Impact Zone Moonlight Bowling 1900, Casey & Hovey Lanes	Off Post Ville Clean-Up 0800, Casey Main Gate 9 Pin No Tap Bowling Tournament, 1300, Hovey Lanes
		-		1300-1500, Casey CAC Korean Language Class 1700-1800, Casey CAC		Moonlight Bowling 1900-2000, Casey/Hovey Lanes
26	27	28	29	30		
Texas Hold'em 1500, Impact Zone	Pizza Night 1700-1900, Impact Zone	Special Bowling for KATUSA 1700, Hovey Lanes	Newcomers Orientation 0900-1600, West Chapel	Newcomers Cultural Tour 0900-1600		
	Red Pin Bowling 1800-2100, Hovey Lanes		Special Bowling for KATUSA 1100-2200, Casey Lanes English Language Class	Korean Language Class 1700-1800, Casey CAC		
			1700-1800, Casey CAC			

USAG Yongsan-Casey Family and MWR

Holiday Meals



To Go

November - December 2023

Turkey Package* \$159.95

Roasted Turkey with Gravy Homemade Stuffing / Mashed Potatoes with Gravy Green Beans or Buttered Corn / Graden Salad Dinner Rolls / Pumpkin or Pecan Pie Cranberry Sauce

Ham Package* \$159.95

Baked Ham with Brown Sugar Raisin Sauce Sweet Potatoes (Yams) / Mashed Potatoes with Gravy Green Beans or Buttered Corn / Garden Salad Dinner Rolls / Pumpkin or Pecan Pie

* Serves 10-12 people

Extras

Roasted Turkey with Turkey Gravy	Per order	\$110
Baked Ham with Brown Sugar Raisin Sauce	Per order	\$110
Homemade Stuffing	38oz	\$15
Candied Yams	38oz	\$15
Mashed Potatoes with Gravy	38oz	\$15
Mac & Cheese	38oz	\$15
Buttered Corn	38oz	\$15
Green Bean	38oz	\$15
Hawaiian Dinner Roll (24ea)	Bag	\$10
Giblet Gravy	32oz	\$7
Brown Sugar Raisin Sauce	32oz	\$7
Cranberry Sauce	12oz	\$5
Pumpkin or Pecan Pie		\$15
Apple Pie		\$20
Carving Charge	Per order	\$10
Delivery Charge	On Base	\$10

Order should be placed five days in advance and credit card number will be required to guarantee your order along with telephone numbers (work/duty, home and cell phone).

No cancellation charge before 48 hours, otherwise full payment will be charged.



For more information, please contact DSN 722-4604 or Cell 010-2259-6160.

Email: suchin.chong2.ln@army.mil



Creative Catering

IMPACT ZONE

BLDG S-2540

Office: 722-4627 / 4628 / 4783 Take Out: 722-0395 / 0396 / 0397

Delivery: 010-7673-6499 / 010-7675-6499

050-3322-0395 / 0396 / 0397



Acting Manager Kim, Chong Mi chong.m.kim13.ln@army.mil







Hours of Operation

Snack Bar

Sunday - Thursday: 1100-2300

Friday - Saturday & Holidays: 1100-2400

Sunday - Thursday: 1700-2300

Friday - Saturday & Holidays: 1700-2400

Game Room

Sunday - Thursday: 1000-2300 Friday & Saturday: 1000-0100

Delivery

Sunday - Thursday: 1100-2200 Friday & Saturday: 1100-2400

*Last order 30 minutes before closing. Come stay awhile, We're open until 0100 during day before U.S. & Training Holidays!

Pizza Night

Monday, 1700 - 1900

Only \$1.50 per slice of pizza with a purchase of drink.

* Take out is not allowed!

Texas Hold'em

Friday, 1800 / Sunday, 1500

Fee: \$20 for every buy-in, re-buy & add-on

Prize: Gift Card





WARRIOR'S CLUB - BAMA'S

BLDG S-533

Office 722-4604



Business Manager **Stephen W. Thompson** stephen.w.thompson44. naf@army.mil



Club Business Coordinator **Chong, Su Chin** suchin.chong2.ln@army.mil









Hours of Operation

Breakfast

Monday - Friday: 0700-1100 Saturday - Sunday, Training & US Holiday: 0900-1100

Dining(Hot Stuff Pizza)

Sunday - Thursday: 1100-2230 Friday & Saturday: 1100-2400

Bar

Sunday - Thursday: 1700-2200 Friday & Saturday: 1700-2400

Game Room

Sunday - Thursday: 1000-2200 Friday - Saturday: 1000-2400

*Last order 30 minutes before closing.





Breakfast

Weekday (Mon-Fri): 0700-1100 Weekend (Sat-Sun) / Training Holiday: 0900-1100



Food Delivery

Sunday-Thursday: 1100-2130 Friday & Saturday: 1100-2330

DSN 722-4625

From Cell 050-3322-4625



WARRIOR'S CLUB CREATIVE CATERING

BLDG S-533

Reservation for Function/Meeting or Room Office 722-4604



Stephen W. Thompson stephen.w.thompson44. naf@army.mil



Chong, Su Chin suchin.chong2.ln@army.mil







Hours of Operation

Catering Office Hours: Monday- Friday: 0900-1800 Monday - Friday: Open for Special Events, Catering & Reservations. Saturday, Sunday & KN Holidays: Closed (Catering may open on Saturday or Sunday upon request)

Create. Inspire. Innovate "Catering to the Holidays"

The Creative Catering team are here to cater to you! We have Cold or Hot Hors D'oeuvres, Buffet or Plated Menu options and a great space for you to host your event.

Also, social gatherings are available with Mini Bar in Ball Room on Friday and Saturday nights. Let us make your special day unforgettable!

* Reservation is required.

Special Cakes Available!

Need a cake for your Change of Command/ Responsibility Reception, Promotion or Birthday Celebration! We got you covered! Stop by our office or call DSN 722-4604 to place your order.

Delicious Cakes available! \$75 for a full sheet or \$45 for a half sheet!

Any image or design of your choice we can create for all to see and enjoy!





INDIANHEAD GOLF COURSE RESTAURANT

BLDG S-650

Tee Time Booking and Dining Area Reservations

* Soldiers have Tee Time Booking priority.

722-0381, (Cell) 050-3322-0381

Office **722-4623 / 4624**

Pro Shop **722-0381**

Dining Order to Take-Out and Delivery

010-7707-8192/010-7707-6382/010-8582-7597



Manager
Pak, Song Yong
songyong.pak.ln@army.mil



Manager on site
Cho, Un Mi
un.m.cho.ln@army.mil







Hours of Operation

Golf Course & Pro Shop

Monday- Friday: 0800-1930 Saturday- Sunday: 0730-1930

Dining Daily: 0630-2000

Pin High Café
Daily: 0800-1930

Delivery Service

Breakfast: 0800-1030 Lunch & Dinner: 1130-1930

- * Minimum amount of orders \$10
- * Credit Card Only
- * Please scan the QR code above.



Lunch Buffet with Salad Bar & Drink

Monday - Friday: 1130 - 1300 Excluding U.S. and Training Holidays

\$11.95

Monday Italian Feast
Tuesday Southern Comforts
Wednesday German Style
Thursday Tex-Mex
Friday American Homestyles

- * Lunch Buffet always includes Salad Bar and Beverages.
- * Buffet may be finished early if the prepared ingredients are exhausted.

Have 10 Meals & Get The 11th Meal Free

Each customer will receive a coupon upon first purchase of our food. Every visit with a purchase of food will receive a stamp on the coupon. After the 10th stamp you will receive a free meal valued at \$10.

• DoD ID card holders only.

Monthly Drawing Enter to Win "Free Meal"

Winner will receive a lunch buffet or breakfast meal for the month!

Purchase any food item, round of golf, anything in the pro-shop or even a bucket of balls and ensure you receive your receipt. Write your name and phone number on the back of the receipt and drop it off in the entry box at the dining room entrance.

 Monday - Friday only. (Excludes weekends, holidays and training holidays)

Have Lunch & Get One Bucket of Balls Free

If you have a meal ticket at Golf Course Restaurant, you will receive one free bucket of balls.

DoD ID card holders only



Daily 0800-1930

ENTER TO WIN 10 FREE COFFEE!

MONTHLY COUPON DRAWING

Each customer will receive a coupon upon first purchase of our freshly brewed coffee. Every visit with a purchase of coffee will receive a stamp (US Active Duty Soldiers receive 2 stamps) on the coupon. After the 10th stamp you will receive a free cup of coffee. Please print your name, phone number and email on your coupon and put it in our drawing box to enter to win ten(10) free cup of coffee.





INDIANHEAD GOLF COURSE RESTAURANT

Breakfast Menu is Available!

"You can enjoy our delicious breakfast at the Casey Golf Course Restaurant"

» Weekday: 0630-1030 » Weekend: 0630-1130

Weekend Breakfast Buffet \$10.50 0700-1100



Lunch & Dinner: 1130-1930



- * Minimum amount of order \$10
- * Credit Card Only





Free Driving Range Coupon to our customers who love our delivery service. Please bring the Driving Range coupon, when you come to the Driving Range to practice your swings.

\$2 Off Coupon to our customers who love our delivery service. Please bring the \$2 Off coupon, when you dine in at the Camp Casey Golf Course Restaurant.

- * DoD ID Card Holders Only
- * Collected coupons can be used at once.

INDIANHEAD GOLF COURSE

BLDG S-650

Tee Time Booking and Dining Area Reservations

* Soldiers have Tee Time Booking priority.

722-0381, (Cell) 050-3322-0381

722-4623 / 4624 Office

Pro Shop **722-0381**

Dining Order to Take-Out and Delivery

010-7707-8192/010-7707-6382/010-8582-7597



Pak, Song Yong songyong.pak.ln@army.mil



Cho, Un Mi un.m.cho.ln@armv.mil







Hours of Operation

Golf Course & Pro Shop

Monday- Friday: 0800-1930 Saturday- Sunday: 0730-1930

Dining Daily: 0630-2000

Pin High Café Daily: 0800-1930

Delivery Service

Breakfast: 0800-1030 Lunch & Dinner: 1130-1930

- * Minimum amount of orders \$10
- * Credit Card Only
- * Please scan the QR code above.



November Winner with 12 Stamps

- Play golf any day in November to receive stamps. (One Time Per Day)
- Players with 12 stamps will receive a prize.
- Prizes: 10 large buckets of balls, 10 club rentals, or 10 cart rentals
- DoD ID Card Holders Only

Gift Certificate Special

When you purchase Gift Certificates for your present at Camp Casey Golf Course, you'll receive a free coupon (minimum purchase \$50); a bucket of driving range balls, a club rental, or a cart rental. The gift certificate can be used for food, Pro Shop items, rounds of golf, or driving range balls (except alcohol/ tobacco).

* No Refund / No Cashback



Indoor **Golf Simulator**

* Reservation required

For more information, call DSN 722-0381 or from Cell 050-3322-0381.



2023 USAG YONGSAN-CASEY CLUB CHAMPIONSHIP

GOLF TOURNAMENT

SATURDAY, 4 NOVEMBER, 0900

CASEY INDIANHEAD GOLF COURSE

Shotgun Start 27 Hole Play

Entry Fee: Includes Green Fee, Club/Cart Rentals and Lunch

- Active Duty Member: \$35
- Active Duty Non-Member: \$45
- US Civ Member: \$35
- US Civ Non-Member: \$45
- KN Emp. Member: \$50
- KN Emp. Non-Member: \$70
- HCM: \$50
- Guest: \$95

There will be raffle drawings for prizes and awards ceremony.

For more information, call DSN 722-0381 or from Cell 050-3322-0381.





VETERANS DAY SPECIAL

50% Off one food item to all Veterans.

Please present your Veteran ID Card.

Friday, 10 November, 1100-1400 @ Indianhead Golf Course Restaurant

For more information, call DSN 722-0381 or Cell 050-3322-0381.

Friday, 24 November

Golf Course Pro Shop



UP TO 30% OFF

* Bonus Discount Raffle: US ID Card Holder for Special 40-70% Discount!

Limited to One Item (One draw per person). - No Refund / No Exchange

For more information, call DSN 722-0381 or Cell 050-3322-0381.



Thanksgiving TURKEY SPECIAL

Thursday, 23 November, 1100-1900 Indianhead Golf Course Restaurant



- Choice of Onion Soup or Garden Salad w/Dressing
- Roast Turkey with Turkey Gravy
- Baked Ham w/Fruit Sauce
- Mashed Potato with Turkey Gravy
- · Yams

- · Bread Dressing
- Corn on the Cob
- Cranberry Sauce
- Dinner Rolls w/Butter
- · Choice of Pie Pumpkin or Pecan
- · Iced Tea, Lemonade, or Fountain Soda

For more information, call DSN 722-0381 or from Cell 050-3322-0381.

Glow-in-the-Dark Golf Tournament



Friday, 3 November Indianhead Golf Course

Tee Up: 1800, Shotgun Start

- Registration Begins: 1700
- Tournament Type: 2 Person Scramble / 9 Holes
- Entry fee includes green fee, club/cart rental and glow-in-the-dark balls.



IRON TRIANGLE CLUB

BLDG S-3974

Office **722-4650/4651**Take-out / Delivery **722-0705/0706**



Business Manager

Stephen W. Thompson
stephen.w.thompson44.naf@
armv.mil



Manager on Site **Kwon, Song Mi** songmi.kwon.ln@army.mil







Hours of Operation

<u>Dining</u>

Sunday & Tuesday - Thursday: 1700-2200 Friday & Saturday: 1700-2400 Monday: Closed

- * Regular Dining Menu: Tuesday-Sunday: 1700-2200
- * Night Owl Menu: Friday & Saturday: 2200-2400

Bar

Tuesday - Thursday & Sunday: 1700-2200 Friday & Saturday: 1700-2400 Monday: Closed

* Last order 30 minutes before closing.

Delivery

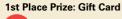
Tuesday - Thursday & Sunday: 1700-2130 Friday & Saturday: 1700-2330 Monday: Closed

8 Ball Pool Tournament

Thursday, 16 November, 1800 @ Iron Triangle Club

- Open to all DoD ID Card Holders and KATUSAs.
- All participants must be at least 18 years old and above.
- Check in with the tournament director on the day of the tournament.
- Sign-up starts at 1730.
- This tournament will be conducted by BCA rules of play.

PRIZES



\$50

Competition with 12 players to win



Competition with 6 players to win

2nd Place Prize: Meal Coupon





CASEY BUCCANEER BOWL

BLDG S-3014

Office 722-4622









Hours of Operation

taeyong.kim11.ln@army.mil

Lanes, Bar, Snack & Game Room

Sunday, Monday, Wednesday & Thursday: 1100-2200 Friday - Saturday & Holidays: 1100-2400 Tuesday: Closed

*Last order 30 minutes before closing. Cocktail menu is available at the Bar.



VETERANS DAY SPECIAL

Friday, 10 November, 1300-1800 Bowl for \$2 per game

THANKSGIVING DAY **SPECIAL**

Thursday, 23 November, 1300-1800 Bowl for \$2 per game

Special Bowling for KATUSAs

Wednesday, 1100 - 2200 Bowl for \$2 per game!

Open Bowling

Monday, Thursday & Sunday, 1100 - 2200

Moonlight Bowling

Friday & Saturday, 1900 - 2300



Saturday, 11 November, 1300-1700

Entry Fee: \$20

- 8 people or more
- Strikes automatically occur when 9 or more are knocked down on the first ball.
- Prize: Gift Certificates





- One hour bowling (1 Lane)
- Shoes rental included.
- One 14" pizza with a pitcher of beer

Bowl Two Games FREE

Weekdays, 1100 - 1300

If you buy any combo meal at the snack bar, you"ll get two free games.

- Except U.S. Holidays and Training Holidays.
- Shoe rental not included.
- Open to all DoD ID card holders / KATUSAs.

HOVEY BOWLING CENTER

BLDG S-3823

Office 722-4649



pyongkuk.pak2.ln@army.mil

Wednesday: Closed

Hours of Operation Lanes & Snack Bar



Sunday - Tuesday & Thursday: 1100-2100 Friday - Saturday & Holidays: 1100-2200

* Last order 30 minutes before closing









Saturday, 25 November, 1300-1700

Entry Fee: \$20

- 8 people or more
- Strikes automatically occur when 9 or more are knocked down on the first ball.
- Prize: Gift Certificates

VETERANS DAY SPECIAL

Friday, 10 November, 1100-1700 Bowl for \$2 per game



- One hour bowling (1 Lane)
- Shoes rental included.
- One 14" pizza with soda



Red Pin Bowling

Monday, 1800 - 2100

Bowl a strike when the red pin is at the #1 position and win a FREE game!

Special Bowling for KATUSAs

Tuesday, 1700 - 2100 Bowl for \$2 per game!

Open Bowling

Wednesday, Thursday & Sunday, 1100 - 2100

Moonlight Bowling

Friday & Saturday, 1900 - 2200

Bowl Two Games FREE

Weekdays, 1100 - 1300

If you buy any combo meal at the snack bar, you'll get two free games

- Except U.S. Holidays and Training Holidays.
- Shoe rental not included.
- Open to all DoD ID card holders / KATUSAs.

USAG YONGSAN-CASEY SPORTS, FITNESS & AQUATICS FACILITIES







Chief of Sports, Fitness & Aquatics Jim Williams

Carey Fitness Center, Bldg S-1715 722-4638 / 010-8520-7879 james.a.williams226.naf@army.mil



Intramural Coordinator Yi, Sung Tok

Carey Fitness Center, Bldg S-1715 722-4637 / 010-9025-9956 sungtok.yi.ln@army.mil

HOURS OF OPERATION



Chong, In Chol inchol.chong2.ln@army.mil

CASEY CAREY FITNESS CENTER BLDG S-1715 722-1379/4636

- Monday-Tuesday: 0500-2200
- If U.S./Training Holiday on Monday & Tuesday: 0700-2000
- Wednesday 0500 Sunday 2000 (Continuously Open)



Yi, Kwan Kyong kwankyong.yi2.ln@army.mil

HOVEY FITNESS CENTER: BLDG S-3415 722-1376

- Monday-Friday: 0400-2200
- Saturday, Sunday & U.S./Training Holidays: 0600-2200



Ko, Chong Son

CASEY HANSON FIELD HOUSE BLDG S-3015 722-0310 / 722-4640

- Mon-Fri: 0500-2200
- Sat, Sun & U.S./Training Holidays: 0800-2000
- KN Holiday: Closed

chongson.ko3.ln@army.mil CASEY HEALTH & HUMAN PERFORMANCE CENTER (HHPC) BLDG S-3030 722-0310 / 722-4640

- Mon-Fri: 0500-2200
- Sat, Sun & U.S./Training Holidays: 0800-2000
- KN Holiday: Closed



Ko, Min Kang minkang.ko.ln@army.mil

HOVEY INDOOR SWIMMING POOL BLDG S-3414

722-0723 / 722-4655

The Hovey Indoor Swimming Pool is closed until 31 December due to renovation.



Yim, Wan Ok wan.o.yim.ln@army.mil

RODRIGUEZ LIVE FIRE COMPLEX FITNESS CENTER BLDG S-1347

722-1579

 Mon-Fri: 0800-1700 Sat & Sun: : Closed

Ko, Min Kang

minkang.ko.ln@army.mil

Song, Hyon Kyong

CASEY HANSON OUTDOOR SWIMMING POOL BLDG S-3034 722-0223 / 722-0310

Closed for the season



Cha, Kwang Cho

CAMP BONIFAS FITNESS CENTER BLDG S-24

- Mon Fri: 0800-1630
- Sat & Sun: Closed

WARRIOR BASE FITNESS CENTER BLDG S-219

- Mon Fri: 0800-1630
- Sat & Sun: Closed



SPORTS•FITNESS•AQUATICS



2023 CALENDAR

USAG YONGSAN-CASEY

UNIT LEVEL SPORTS PROGRAMS

SPORTS	SIGN-UP DEADLINE		COACH	IES MEETING	LEAGUES AND CHAMPIONSHIPS	
	DATE	LOCATION	DATE	LOCATION	DATE	LOCATION
FLAG FOOTBALL	24 AUG	K-16 FITNESS CENTERS	1300 HRS, 25 AUG	K-16 PFC	8 SEPT – 27 OCT	K-16 FITNESS CENTER

UNIT LEVEL SPORTS TOURNAMENTS

SPORTS	SIGN-UP DEADLINE		COAC	HES MEETING	LEAGUES AND CHAMPIONSHIPS		
	DATE	LOCATION	DATE	LOCATION	DATE	LOCATION	
3 ON 3 BASKETBALL	24 JAN	ANY FITNESS CENTER	25 JAN	CAREY PFC	1-2 FEB	CAREY FITNESS CENTER	
4 ON 4 VOLLEYBALL	30 JAN	ANY FITNESS CENTER	31 JAN	CAREY PFC	4-5 FEB	CAREY FITNESS CENTER	

INDIVIDUAL SPORTS/FITNESS/AQUATICS PROGRAMS

INDIVIDUAL SPORTS/FITNESS/AQUATICS FROGRAMS					
EVENT	DATE	REGISTRATION TIME	START TIME	LOCATION	
RACQUETBALL TOURNAMENT	25 FEB	0900 HRS	1000 HRS	CAREY FITNESS CENTER	
CAMP CASEY 5K RUN	11 MAR	0800 HRS	0900 HRS	HANSON FIELD HOUSE	
BATAAN DEATH MARCH MEMORIAL	18 MAR	0800 HRS	0900 HRS	HANSON FIELD HOUSE	
YONGSAN 5K RUN	1 APR	0800 HRS	0900 HRS	COMMISKEY'S FITNESS CENTER	
5K COLOR RUN	8 APR	0800 HRS	0900 HRS	HANSON FIELD HOUSE	
SEXUAL ASSAULT AWARENESS & PREVENTION HALF MARATHON	22 APR	0700 HRS	0800 HRS	HANSON FIELD HOUSE	
CAMP HOVEY 5K RUN	13 MAY	0800 HRS	0900 HRS	HOVEY FITNESS CENTER	
MEMORIAL DAY MALTZ CHALLENGE (TEAM)	20 MAY	SEE FLYER	0900 HRS	SCHOONOVER BOWL	
1000/500 LBS WEIGHTLIFTING CONTEST	20 MAY	0900 HRS	1000 HRS	K-16 FITNESS CENTER	
ARMY BIRTHDAY 5K RUN	10 JUN	0700 HRS	0800 HRS	HANSON FIELD HOUSE	
K-16 5K FUN RUN	26 AUG	0800 HRS	0900 HRS	K-16 FITNESS CENTER	
SUICIDE AWARENESS & PREVENTION 5K RUN	16 SEP	0800 HRS	0900 HRS	HANSON FIELD HOUSE	
RACQUETBALL TOURNAMENT	23 SEP	0900 HRS	1000 HRS	CAREY FITNESS CENTER	
DOMESTIC VIOLENCE AWARENESS 5K RUN	14 OCT	0800 HRS	0900 HRS	HANSON FIELD HOUSE	
LUCKY 7 MODIFIED TRIATHLON	21 OCT	0800 HRS	0900 HRS	HOVEY FITNESS CENTER	
YONGSAN 5K RUN	28 OCT	0800 HRS	0900 HRS	COMMISKEY'S FITNESS CENTER	
3K GLOW RUN	4 NOV	1800 HRS	1900 HRS	HANSON FIELD HOUSE	
5K COLOR RUN	11 NOV	0800 HRS	0900 HRS	K-16 FITNESS CENTER	
THANKSGIVING TURKEY TROT 5K RUN	18 NOV	0800 HRS	0900 HRS	HANSON FIELD HOUSE	
JINGLE BELL 5K RUN	2 DEC	0900 HRS	1000 HRS	HANSON FIELD HOUSE	
1000/500 LBS WEIGHTLIFTING CONTEST	9 DEC	0900 HRS	1000 HRS	K-16 FITNESS CENTER	

UNIT LEVEL HOLIDAY INVITATIONAL TOURNAMENTS

SPORTS	EVENT	SIGN-UP DEADLINE	COACHES/PLAYE	R MEETING	TOURNAMENT DATE	LOCATION
SPURIS	EVENT		DATE	LOCATION		
BASKETBALL	MARTIN L. KING JR. BIRTHDAY	9 JAN	10 JAN, 1800 HRS	K-16 PFC	13 - 14 JAN	K-16 FITNESS CENTER
BADMINTON	MARTIN L. KING JR. BIRTHDAY	9 JAN	10 JAN, 1800 HRS	CAREY PFC	13 JAN	CAREY FITNESS CENTER
VOLLEYBALL	PRESIDENT'S DAY	3 FEB	6 FEB, 1300 HRS	K-16 PFC	17 - 18 FEB	K-16 FITNESS CENTER
TENNIS (SINGLES)	LABOR DAY	2 SEP	2 SEP, 1000 HRS	HOVEY	2 SEP	HOVEY TENNIS COURTS
SOCCER 5 ON 5	COLUMBUS DAY	2 OCT	3 OCT, 1800 HRS	CAREY PFC	6 - 7 OCT	SOLDIERS FIELD
DODGEBALL	CHRISTMAS HOLIDAY	12 DEC	13 DEC, 1800 HRS	CAREY PFC	18 - 20 DEC	CAREY FITNESS CENTER
BADMINTON	CHRISTMAS HOLIDAY	18 DEC	19 DEC, 1300 HRS	K-16 PFC	22 - 23 DEC	K-16 FITNESS CENTER

FOR MORE INFORMATION CONTACT:

Mr. Jim Williams

Chief, Sports, Fitness and Aquatics @ 722-4638 (010-8520-7879) Email: james.a.williams226.naf@army.mil Mr. Yi, Sung Tok

Intramural Coordinator: @ 722-4637 (010-9025-9956)

Email: sungtok.yi.ln@army.mil

CASEY

- Carey Fitness Center @ 722-4636/1379
- Hanson Field House @ 722-4640/0310
- Hanson Outdoor Swimming Pool @ 722-0223/0310
- Health & Human Performance Center @ 722-4640/0310

HOVEY

- Hovey Fitness Center @ 722-1376
- Hovey Indoor Swimming Pool @ 722-0723/4655

K-16

- K-16 Fitness Center @ 722-8413/8447
- K-16 Indoor Swimming Pool @ 722-8503

YONGSAN

- Commiskey's Fitness Center @ 722-8222/8221/8220

CAMP BONIFAS / WARRIOR BASE

Email: james.a.williams226.naf@army.mil

RODRIGUEZ LIVE FIRE COMPLEX @ 722-1579



3K GLOW RUN

Saturday, 4 November, 1900 Hanson Field House

Registration: 1800 - 1845 / Event Starts: 1900

Men's & Women's Divisions: Open / Junior Master / Sub Master / Master / Senior Master Awards will be presented to 1st, 2nd and 3rd places.

For more information please contact Mr. Yi, Sung Tok at DSN 722-4637 or from cell 050-3322-4637 / 010-9025-9956 email: sungtok.yi.ln@army.mil



THANKSGIVING TURKEY TROT



Saturday, 18 November, 0900 Hanson Field House

Registration: 0800 - 0845 / Event Starts: 0900

Men's & Women's Divisions: Open / Junior Master / Sub Master / Master / Senior Master Awards will be presented to 1st, 2nd and 3rd places.



For more information please contact Mr. Yi, Sung Tok at DSN 722-4637 or from cell 050-3322-4637 / 010-9025-9956 email: sungtok.yi.ln@army.mil

UNIT LEVEL WINTER SEASON BASKETBALL

LEAGUE

11 DEC - 16 FEB

Carey Fitness Center / Hanson Field House

Sign-up: 9 - 27 November @ Any Fitness Center's Customer Service Counter (Coach only)

Coaches Meeting: Tuesday, 28 November, 1200 @ Carey Fitness Center (Room #109)







Saturday, 2 December, 1000 **Hanson Field House**

Registration: 0900 - 0945 / Event Starts: 1000

Men's & Women's Divisions: Open / Sub Master / Master / Senior Master Awards will be presented to 1st, 2nd and 3rd places.

For more information please contact Mr. Yi, Sung Tok at DSN: 722-4637 or from cell: 050-3322-4637 / 010-9025-9956 email: sungtok.yi.ln@army.mil





USAG YONGSAN-CASEY SPORTS, FITNESS & AQUATICS

TAE KWON DO INSTRUCTION PROGRAM

Carey Fitness Center, Bldg. 1715

Monday, Wednesday & Thursday: 1830-2000

Taekwondo Mixed Martial Arts Center, Bldg. 2407

Taekwondo: Monday, Wednesday & Thursday: 1800-1930 Jujitsu: : Monday, Wednesday & Thursday: 1930-2030

Camp Hovey, Bldg. 4035

Monday - Friday: 1800-1930

* US/Training Holidays classes will be conducted.





Taekwondo is an ancient Korean martial art. But the sport is not just about kicking and punching. Taekwondo offers several advantages

to anyone considering taking up a sport or hobby.

Enhance self-esteem by heightening your physical and mental powers. Build confidence by encouraging you to succeed and to take control of your life. Develop discipline by thoroughly training your body and mind in the tenets and techniques of Taekwondo.

For more information please contact Jim Williams at DSN 722-4638/010-8520-7879 or email: james.a.williams226.naf@army.mil



USAG Yongsan-Casey Family & MWR **Photo Highlights**

Casey Super Fall Festival

13 Octobe

Super Fall Festival 2023 was an absolute blast, with perfect weather, great food and beverages, fantastic music, entertaining games, and lots of great prizes. And let's not forget the spectacular fireworks display to cap it all off! A big thank you to everyone who joined us.



Food Fear Factor 9

19 October

31 fearless soldiers from Camp Casey & Hovey took on the challenge in Season 9. A big thank you to all the fearless participants and congratulations to the winners!





Oktoberfest

20 October

From the lively music to the delicious German cuisine and, of course, the overflowing mugs of beer, it was a night to remember. Thank you everyone who joined us!





USAG Yongsan-Casey Family & MWR Photo Highlights

K-16 Fall Music Festival

20 October

K-16 Fall Music Festival took place at the K-16 CAC Parking Lot with incredible performances by Sungnam City Classic Ensembles & Brass Band, K-Pop Dance Team, live entertainment, games, and contests.

















Deep Sea Fishing Trip

6 October

41 Soldiers from Camp Casey & Hovey joined MWR Outdoor Rec crew on a Deep Sea Fishing trip in the West Coast Sea from Incheon Harbor. Many participants caught different kinds of fish and brought it back with them.













USAG Yongsan-Casey Family & Mwr Tour to

Incheon Songdo Central Park & China Town

Saturday, 11 November, 0800

Sign-up Deadline: 8 November

Cost: \$30 for Transportation

Songdo Central Park is a seawater park, The 1.8 km long waterway, which is designed to bring seawater, shines in the sunlight. As Songdo's representative tourist attraction, it enables visitors to enjoy a water taxi ride, water sports, and cycling. At night pouring in from the buildings and the lights illuminating the park create a fantastic night view.

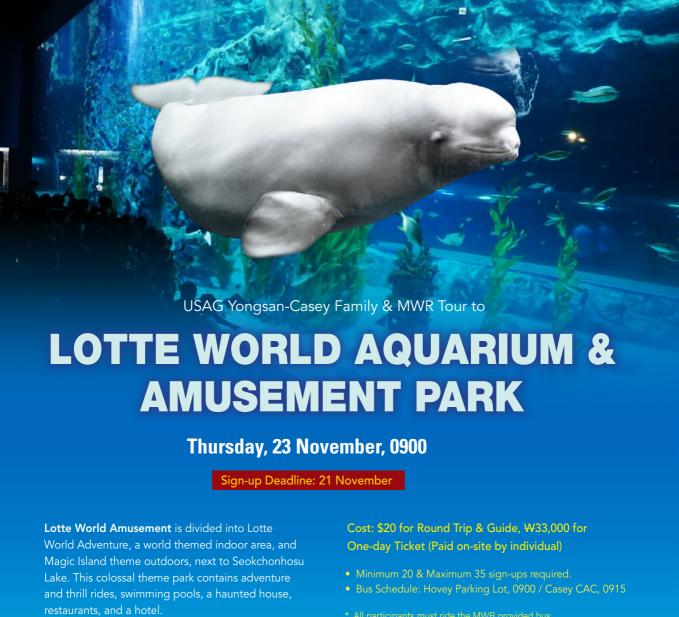
China-Town – This is the only officially designated Chinatown in Korea. Incheon has long been and still is the country's window to the world. The Chinatown, with its proximity to the port area, marks the long history of the Chinese diaspora. It is still a lively neighborhood with many restaurants of Chinese characteristics. Popular among locals, it is quite an interesting place to explore.

- Sign up at Leisure Travel Services (B-2236 / Room-107
- Participants should be prepared to spend the day walking.
- Please bring Korean won for souvenirs and lunch or snacks.
- Minimum 20 & Maximum 35 sign-ups required.
- Bus Schedule: Hovey CAC Parking Lot, 0800 / Casey CAC, 0815
- * All participants must ride the MWR provided bus
- * Subject to change without notice.

For more information, please contact MWR Leisure Travel Services DSN 722-4645 or from Cell 010-2684-2960 / 050-3322-4645.







Aquarium - Through programs, featuring 650

species of 55,000 different marine life forms up close, visitors can feel the ocean in an urban area at

For more information, please contact MWR Leisure Travel Services DSN 722-4645 or from Cell 010-2684-2960 / 050-3322-4645

USAG Yongsan-Casey Family & MWR Tour to

CAMP HUMPHREYS & OSAN AIR BASE SHOPPING

Saturday, 25 November, 0800

Sign-up Deadline: 22 November



USAG Yongsan-Casey Family and MWR **LEISURE TRAVEL SERVICES**

Hours of Operation

Tue-Sat: 0900-1800 Sun & Mon: Closed



Program Activity Manager Chong, Sang Nae

For more information, please contact MWR Leisure Travel Services DSN 722-4645 or from Cell 010-2684-2960 / 050-3322-4645.

2023 Tour Schedule

11 Nov 23	Incheon Central Park & China Town
23 Nov 23	Lotte World Amusement Park & Aquarium
25 Nov 23	Humphreys & Osan Shopping Tour (for Christmas)
9 Dec 23	Nami Island
22 Dec 23	Everland Amusement Park - Christmas Season
23 Dec 23	Seoul Land a Light Festival - Luna Park



22 DEC: Everland Amusement Park -**Christmas Season**









USAG Yongsan-Casey Family and MWR

LEISURE TRAVEL SERVICES

UNIT/GROUP TOURS

For more information, please contact MWR Leisure Travel Services (Camp Casey CAC, Bldg. S-2236, Room #107

DSN: 722-4645

Cell: 010-2684-2960 / 050-3322-4645.

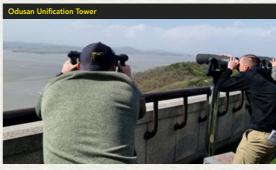
POC: Mr. Chong, Sang Nae

Email: sangnae.chong.ln@army.mil

Is your unit or group interested in scheduling a local tour to Seoul, Gyeonggi or Gangwon province in Korea? Our Family & MWR Leisure Travel Service scan help get you started! We have years of experience coordinating unit and group tours and can provide ideas for your own trips as well.

All overnight tours are required to be booked 1-month in advance. Family & MWR will provide information on transportation and entrance fees. Unit tours require a minimum of 20 participants.









DMZ UNIT TOUR



CASEY-HOVEY

ARMY COMMUNITY SERVICE

BLDG S-2451, Entrance B

(315) 722-1577/1578 **Army Emergency Relief (AER)** Front Desk (315) 722-1578/1569 Family Advocacy (315) 722-1568/1578 **Financial Readiness** (315) 722-1577/1578 **Army Volunteer Program** (315) 722-1578/1569 Sexual Harassment / Assault Response And Prevention (SHARP)

(315) 722-1570/5468

* From Cell Phone: 05033+Last Six DSN Example: 7XX-XXXX → 050-33XX-XXXX

Casey Public email: yongsan.casey.acs@gmail.com



Real-Life Solutions for Successful Army Living



Hours of Operation

ACS & AER

Monday-Tuesday & Thursday-Friday: 0800-1700 Wednesday: Closed

USAG Yongsan-Casey ACS Center located on Camp Casey will be **Closed Every Wednesday.**

The ACS team will travel to support Soldiers and Families at K-16.

Camp Casey ACS: 0503-322-1578 K-16 ACS: 0503-322-5471



Army Volunteer Program (AVC)

Volunteer Orientation/Training: Upon request Army Community Service Classroom (Bldg #2451)

- OPOC Training: Upon Request
- · Volunteer Training: Upon Request

Please contact us at yongsan.casey.acs@gmail.com or 722-1578/1569 to schedule training.

If you are a new OPOC and need help managing your Volunteers, the Army Volunteer Corps OPOC User Guide can be found at: https://vmis. armyfamilywebportal.com/ or DSN 722-1578/1569 for assistance.

"Successful people are always looking for opportunities to help others." - Brian Tracy

Army Emergency Relief - Helping The Army To Take Care Of Soldiers

Army Emergency Relief (AER) provides emergency assistance to

Active Duty Service Members, their Families, and Retired Service Members. Please call 050-3322-1577 or DSN 315-722-1577 regular duty hour 0800-1600. After duty hours, on weekends, and holidays call American Red Cross at 877-272-7337. AER Commanders and Soldiers Training are available upon request by contacting Casey ACS at 050-3322-1577 or DSN 315-722-1577.

Learn more about AER's MG James Ursano Scholarship Program: https://www.armyemergencyrelief.org/scholarships/child/

Relocation Readiness Program

Lending Closet - If you are newly arriving and need essentials like pots and pans, coffee maker and other kitchen items until your HHGs arrive, stop by and borrow from our lending closet for up to 90 days. (Extensions granted for extenuating circumstances.) Individual permanent change of station (PCS), relocation counseling is available during out-process at Army Community Services (ACS).

Plan Your Move 9 & 30 November, 1300-1400 **Education Center Bldg S- 1757**

The class consists of computer access to official relocation resource websites. Feel free to bring personal computer devise(s) if you would like to access official relocation resource websites from your own system. POC is Timothy Brice at 722-1569 or 0503-322-1569.

Yongsan-Casev Newcomers Orientation: 29 November, 0900-1600 Casey West Chapel

Newcomers Cultural Tour: 30 November, 0900-1600

Mobilization, Deployment and Stability Support Operations (MD & SSO) Program

Newcomers orientation to Camp Casey is offered to rotational units assigned to Camp Casey and Hovey.

For more information, please call DSN 722-1569.

Financial Readiness Program

The Financial Readiness Program offers educational classes, seminars, workshops, group counseling, face to face counseling, and support services to assist Service Members along with their Families, Unit Commanders, First Sergeants, and DOD Civilians with financial planning and debt management.

According to Department of Defense and Army policy, Section 661 Army Community Service will start providing financial readiness as part of Common Military Training (CMT) at various personal and professional milestones throughout the military lifecycle. Below is a list of the required training. Don't hesitate to contact Barbara Brown at Army Community Service Financial Readiness Program at 0505-322-1577 or DSN 315-322-1577.

Post Deployment Class 6 November, 0930-1030 ACS Classroom (Bldq#2451 RM 118)

Vesting in Thrift Savings Plan (TSP) 7 November, 0930-1030 ACS Classroom (Bldg. #2451, RM 118)

Permanent Change of Station Class 10 November, 0930-1030 ACS 2451

Promotion Class 14 November, 0930-1030 ACS Classroom (Bldg. #2451,RM 118)

Birth of First Child 17 November, 0930-1030 ACS Classroom (Bldg. #2451, RM 118)

Divorce Class 20 November, 0930-1030 ACS Classroom (Bldg. #2451, RM 118)

Entitlements and Continuation Pay 21 November, 0930-1030 ACS Classroom (Bldg. #2451, RM 118)

Money Management Class and Budgeting Class is offered on a by request basis by calling ACS Financial Readiness Program Manager at 722-1577 or 0503-322-1577.

Information About Estate Planning, please contact Camp Casey Legal Services, Maude Hall, RM 235.

For more information on events, classes, or unit requests, call the Financial Readiness Program Manager at 722-1577/1578.

Family Advocacy Program

Education for Professionals: Training for mandated reporters (Law Enforcement Personnel; Medical; Chaplain; Child and Youth Services,) and other community agencies on the identification, reporting, and treatment of domestic and child abuse; the referral process; available programs, services, and resources.

*Group or Individual sessions for other Basic Life Skills are also available upon unit request or individual appointment. For more information on events, workshops, classes, or unit requests, please call (1) Mrs. Rachel Banta, FAP Specialist, at 315-722-1369/5466 or email at Rachel.H.Banta.civ@army.mil, and/or (2) Ms. Brittany Franklin, FAP Manager, at 315-722-1568 or email at Brittany.Y.Franklin.civ@army.mil.

Anger, Stress and Conflict Management Classes 8 November, 1300-1400 ACS Classroom (Bldg#2451)

Anger, Stress and Conflict Management Classes 15 November, 1300-1400 ACS Classroom (Bldg#2451)

Employment Readiness

Employment assistance is available by appointment only. Please call 722-1578 to schedule an appointment. Employment Services are limited to: JOB SEARCH ASSISTANCE, JOB REFERRALS and, RESUME REVIEW.



Camp Casey-Hovey Volunteer Appreciation, September 2023











USAG YONGSAN-CASEY NEWCOMERS ORIENTATION

USAG Yongsan-Casey Command would like to welcome all newly arrived Service Members, Family Members and DA Civilians.

210 FA BDE Thunder Academy

Monthly Newcomers Orientation:

Last Wednesday of Each Month Wednesday, 29 November, 0900-1600: Casey West Chapel

Cultural Tour: 30 November, 0900-1600

- DMZ Gallery Graves and Imjin-gak Gondola of Peace. (More information will be provided at the end of the Newcomer Orientation.)
- Food, liability insurance and bilingual tour guide will be provided.

Uniform: OCP for Service Members during the Classroom briefings & appropriate weather casual attire with comfortable walking shows, polo shirt, khakis during the cultural tours.

* Tour can have up to 40 people per day. Schedule is subject to change.





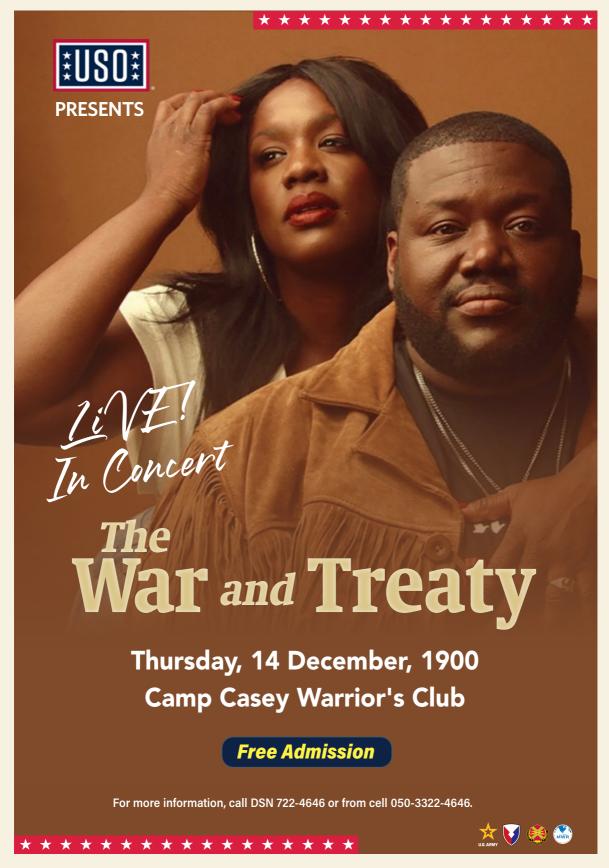
For more information about the Newcomers Orientation, please contact: Camp Casey ACS at DSN 722-1578/1569, from cell 050-3322-1578 K16-Yongsan ACS at DSN 722-5471, from cell 0503-322-5471 Email: yongsan.casey.acs@gmail.com.

Please sign up using QR Code or the link below.

https://forms.gle/sQQH98AeCixzqiuJ8







OUTDOOR RECREATION

BLDG S-2236

Office 722-4642 / 4643







Andy Kim andy.c.kim3.naf@army.mil

Hours of Operation

Tuesday - Saturday: 0900 - 1800 Sunday & Monday: Closed

Picnic Pavilion Reservations

Reserve through Outdoor Recreation to use the following picnic pavilions.

S-3012	Across from Outdoor Swimming Pool
	5
S-1884	Across from Movie Theater
S-1755	Behind Soldier Field/ Education Center
S-2131	Located at Casey Warrior Exercise Billets (WEB)
S-2132	Located at Casey Warrior Exercise Billets (WEB)
S-2133	Located at Casey Warrior Exercise Billets (WEB)
S-2134	Located at Casey Warrior Exercise Billets (WEB)

COMMUNITY NOTICE

Casey Paintball Field & Casey Archery Range are temporarily

Closed for Renovation

The reopening date will be announced separately.



Bike Rental Service

Tuesday - Saturday: 0900 - 1800

Outdoor Recreation offers a special on bike rentals for all DoD ID card holders.

One Day Rental: \$15 One Week Rental: \$30 One Month Rental: \$45

Rental Service * Please make reservations at least 3 business days in advance.

CHAIRS/TABLES	Per Day			
Chair Folding (White Plastic)	Each	\$1		
Tables Folding (36x72)	Each	\$5		
CANOPY/MONGOLIAN	Per Day			
Canopy 10x10	Each	\$20		
Canopy 10x20	Each	\$25		
Canopy 16x16 (Mongolian) -Blue Top	Each	\$50		
Canopy 20x20 (Mongolian) -White Top	Each	\$60		
Canopy Assembly Fee	Each	\$30		
GAMES	Per	Day		
GAMES Washer Toss Set	Per Each	Day \$10		
Washer Toss Set	Each	\$10		
Washer Toss Set Metal Ladderball Set	Each Each	\$10 \$10		
Washer Toss Set Metal Ladderball Set Horse Shoes Set	Each Each Each	\$10 \$10 \$10		
Washer Toss Set Metal Ladderball Set Horse Shoes Set Limbo Set	Each Each Each Each	\$10 \$10 \$10 \$15		
Washer Toss Set Metal Ladderball Set Horse Shoes Set Limbo Set Disc Golf Set	Each Each Each Each Each	\$10 \$10 \$10 \$15 \$15		
Washer Toss Set Metal Ladderball Set Horse Shoes Set Limbo Set Disc Golf Set Corn Hole Sets	Each Each Each Each Each	\$10 \$10 \$10 \$15 \$15 \$20		

Camping Lantern	Each	\$8	
Hiking Backpack	Each	\$10	
Sleeping Bags	Each	\$10	
Camping Tent (2 Person)	Each	\$10	
Camping Tent (3 Person)	Each	\$15	
Camping Tent (8 Person)	Each	\$20	
FOOD/DRINK ITEMS	Per	Day	
Ice Chest (Medium)	Each	\$6	
Ice Chest (Large)	Each	\$9	
BBQ Medium Round Charcoal Grill	Each	\$15	
BBQ Large Charcoal Grill	Each	\$35	
PA SYSTEM	Per Day		
Speakers			
Mackie Powered Speaker	Each	\$30	
PRX 800 Hi-Mid Powered	Each	\$50	
PRX 800 Pwd Woofer	Each	\$50	
Portable Rechargeable Speaker	Each	\$50	
Mixer			
Yamaha 12 Channel	Each	\$40	
Mackie 16 Channel	Each	\$40	

Wireless System		
Shure Wireless System w/ 4 Mic	Each	\$50
Miscellaneous		
Mic Stand	Each	\$3
Handheld Mic	Each	\$5
Technical Labor Support	Each	\$25
Delivery & Pick Up On Post (No	Each	\$75
Set Up)		
OTHER ITEMS	Per	Day
OTHER ITEMS Mountain Bike (w/ Helmet & Lock)	Per Each	Day \$15
Mountain Bike (w/ Helmet &		
Mountain Bike (w/ Helmet & Lock)	Each	\$15
Mountain Bike (w/ Helmet & Lock) Podium	Each Each	\$15 \$10
Mountain Bike (w/ Helmet & Lock) Podium Fishing Poles (\$25 Per Week)	Each Each Each	\$15 \$10 \$10



USAG YONGSAN-CASEY OUTDOOR RECREATION



VAPPIOR WAQ is a Soldier training program, endorsed and funded by the Department of the ABVENTURE Army.

It combines Soldier participation in high adventure activities with resilience training in order to teach Soldiers effective ways to cope with stress. WAQ can assist in mitigating the negative impact of high risk behaviors common among Soldiers who may have recently returned from deployments. The high adventure activity is tied to resilience training which enhances unit readiness by building unit cohesion.

WAQ activities are coordinated through Family and MWR Outdoor Recreation (ODR) facilities and staff. All year round activities include Paintball, Bungee Jump, White Water Rafting, ATV, Skiing/Snowboarding, and more.

Visit Casey Outdoor Recreation at S-2236 or call DSN 722-4642/4643 for more information.



Saturday, 4 November, 0900-1600

Sign-up & Refund Deadline: 2 November



Cost: \$30 per person includes admission fee, transportation, and guide.

Enjoy the fall weather as we take you on a trip to Sansawon, the traditional Korean Rice Wine & Whisky distillery and museum. We will visit the museum, tasting room, gift shop, and its beautiful garden grounds.

- Bring your own lunch or snack and water.
- Minimum 10 & Maximum 25 sign-ups required.
- Bus Schedule: Hovey CAC, 0900 / Casey CAC, 0915
- * All participants must ride the MWR provided bus.
- * Subject to change without notice.

For more information, call DSN 722-4643 or from cell 050-3322-4643.



"Enjoy fresh air and picturesque sceneries while hiking Mt. Gamak with us!"

PAIKING MT. GAMAK

Saturday, 18 November, 0800-1600

Sign-up & Refund Deadline: 16 November

Cost: \$30 per person includes transportation and guide.

- Bring your own lunch or snack and water.
- Wear proper clothes and shoes for a moderate mountain hike about 4-5 hrs (not a trail walk).
- Minimum 15 & maximum 40 sign-ups required.
- Bus Schedule: Hovey CAC, 0800 / Casey CAC, 0815
- * All participants must ride the MWR provided bus.
- * Subject to change without notice.

For more information, call DSN 722-4643 or from cell 050-3322-4643.







Passport/Visa Photos Available at Camp Casey!



Five copies of your official Passport/VISA photo

Family and MWR Marketing Office Bldg 2475 / Camp Casey

Hours of Operation

Monday - Friday: 0800 - 1100 / 1300 - 1600 (excluding Korean holidays)





For more information, call 722-4618.









CASEY LODGE

DSN **722-0356** COM **050-3322-0356**

BLDG S-2626 BLDG S-2601 BLDG S-2307



Priority based on duty status, not rank! COMPLIMENTARY SERVICES AVAILABLE

- Continental Breakfast
- Wi-Fi
- Washers and Dryers
- Temporary Guest Storage
- Cable TV / Telephones
- Refrigerator & Microwave Oven
 - * Limited Pet Rooms Available

Email Reservations:

usarmycaseyimcom-korealistUSAG-area-1-lodging@army.mil

Online Reservations:

https://army.dodlodging.net/propertys/camp-casey-lodging

FREE Breakfast

0630 ~ 0930 (Must be a registered guest)





Lodging Manager

Jacob P. Tuuao

jacob.p.tuuao.naf@army.mil



Casey Lodge

CASEY & HOVEY LIBRARIES





Manager Dr. Esther Kim esther.kim3.naf@army.mil

CAMP CASEY

BIDG S-2236

Monday-Saturday: 1000-1900 Sunday: Closed



DSN 722-4634 / Cell: 050-3322-4634





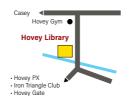
CAMP HOVEY

BLDG S-3754/B

Sunday-Thursday: 1000-1900 Friday, Saturday & KN Holidays: Closed



DSN 722-4653 / Cell: 050-3322-4653







Casey-Hovey & K-16 Libraries present

A Selective Bibliography on

ATIVE AMERICAN HERITAGE MONTH

November 2023

BOOKS

America's flag story, Karen Robbins (J 973 Rob 2020) Crucible of war, Fred Anderson (CSA 973.2 And 2000) Death of sitting bear, Scott Momaday (813.54 Mom 2020) Girl in the photograph, Byron Dorgan (973.0497 Dor 2019) Rediscovery of America, Ned Blackhawk (973.0497 Bla 2023) Sacred liberty, Steven Waldman (323.442 Wal 2019) Spirit medicine, Wolf Moondance (299.75 Moo 1995)

E-BOOKS (OVER DRIVE)

American Indian Rights Movement, Eric Braun. Empire of the Summer Moon, S.C. Gwynne. Heart Berry Bling, Jenny Dupuis. Indian World of George Washington, Colin Galloway. Native American Almanac, Yvonne Dennis. Trail of Tears, John Ehle. Untangling a Red, White, and Black Heritage, Darnella Davis.

AUDIO-VISUAL MATERIALS

Great Indian Wars 1540-1890 (DVD 973.0497 Gre v.1-3)

Last of the Mohicans (BRD DRA Las)

Native American Heritage: American Cultures for Children (DVD 973.0497 Nat)

Native American History (DVD 970.0049 Nat)

Native American Life: American History for Children (DVD 973 Nat)

Warrior Tradition (DVD 355.0089 War)

Way West (DVD 978 Way v.1-2)

Wind River (DVD ACT Win)









WEBSITE

URL: https://www.ncai.org/initiatives/native-american-heritage-month



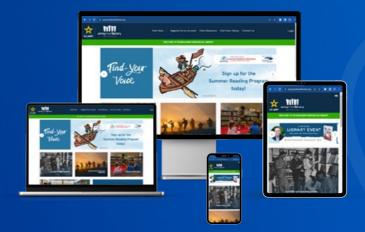




Casey Library: Thursday, 9 November, 1730-1830 Hovey Library: Sunday, 5 November, 1300-1400 Casey Library: Wednesday, 1 November, 1600-1800 Hovey Library: Tuesday, 14 November, 1500-1700







ARMY MWR LIBRARY ONLINE RESOURCES

AS OF OCTOBER 1, 2023

Find all of your favorite online resources on our new website:

Q https://army.dodmwrlibraries.org × | •









Camp Casey Library









CASEY

AUTO SKILLS CENTER



Manager on site Paek, Yong Ki

TEMPORARY RELOCATION

We have temporarily relocated to the Bldg S-1910 due to renovation. **Until January 2024**

MON - SAT: **0900 - 1730** SUN & KN Holidays: Closed

Only Minimum Services are Available During the Period of Temporary Relocation.

- Safety Inspection
- Oil Change
- Tire Replacement
- * No Lift Available



For more information, call DSN: 722-4641 or from cell 050-3322-4641.



CASEY COMMUNITY ACTIVITY CENTER

BLDG S-2236

Office 722-4644 / 4647 From Cell **010-2703-6059**



Fred Ware fred.l.ware.naf@army.mill



Hours of Operation

Monday-Saturday: 0900-2100 Sunday: 1000-1900



Korean Language Class

Every Thursday, 1700-1800

Come by the Casey CAC every Thursday and learn how to communicate better with Koreans. Learn common phrases that will assist you during your tour in Korea.

English Language Class

Every Wednesday, 1700-1800

Like to improve your English communication skills? Come to the Casey CAC every Wednesday of the month and learn from an American instructor. Open to family members, KNs and KATUSAs.







Daily Services

- Our music rooms at the Casey CAC are open every day, music instruments include electric, acoustic and bass guitars, a drum set and electric synthesizers all free of charge. Or bring your own instrument and enjoy our sound proof rooms.
- Play pool and ping pong for free at the CAC every day of the week.
- We provide free WiFi and Internet at the Casey CAC. Or bring your own laptops and connect with your loved ones back home.
- We have Video Games at the Casey CAC. We have a collection of new games and regularly update our inventory.

HOVEY COMMUNITY ACTIVITY CENTER

BLDG S-3974/B

Office 722-4656



Herbert Pleasant herbert.pleasant.naf@army.mil



Hours of Operation

Monday - Saturday: 1200 - 2000 Sunday: Closed



Thanksgiving Day Karaoke for Fun

Thursday, 23 November, 1400-1800

Come and enjoy an afternoon at the Hovey CAC with friend and family. The event includes Karaoke and board games.





9 Ball Pool Tournament

Friday, 10 November, 1400

- Open to DoD ID card holders and KATUSAs.
- All participants must be at least 16 years of age to compete.
- Registration Begins: 1300
- Minimum number of participants: 8
- Prize will be awarded to Winner.

Free Movie & Poncorn Day

Every Saturday, 1300-1800

Daily Services

Monday - Saturday: 1200 - 2000

- Free Wireless Service and Internet in the Hovey CAC. Bring your laptops and connect your loved ones back home.
- Play Air Hockey, Pool and Table Tennis for free at the Hovey CAC. The center has four Pool tables for you and your friends.
- We have Video Games (XBOX X, PS4, PS5) at the Hovey CAC. We have a collection of new games and regularly update our inventory.
- The Hovey CAC provides Tennis sets, Cornhole sets and Jokgu balls, which can be signed out if you want to play at any time.
- Sign up for FMWR tours and events at the Hovey CAC.

Better Opportunities for Single Soldiers

AREA I BOSS

BLDG S-2236, RM106









Area I & II BOSS President
SGT Choi, Hamin
DSN: 722-1018 Cell: 010-7547-1764
Email: hamin.choi.mil@army.mil



Area I BOSS Adviser
Fred Ware
DSN: 722-4647 Cell: 010-2703-6059
Email: fred.l.ware.naf@army.mil



Area I BOSS Secretary: SGT Choi, Young Hun DSN: 722-1018 Cell: 010-3538-7636

Area I & II Boss public email: **USAG.yongsan.casey.boss@gmail.com**ELIGIBILITY: Single or Unaccompanied Soldiers and KATUSAs in Area I & II

Area I Boss Representative Meeting

1st & 3rd Tuesday of Every Month, 1500 at Casey CAC





Bus Schedule

Arrival HUMPHREYS



0840

1540

1940

Bus schedules subject to change without notice. Departure and arrival time may vary due to traffic conditions.

POC: 010-6434-6042 **CASEY-HUMPHREYS** Monday - Thursday Bus 1 Bus 3 Bus 1 Bus 3 Departure CASEY 0600 1000 1715 Departure HUMPHREYS 0600 1300 1715 Departure HUMPHREYS Departure HUMPHREYS 0835 1235 1935 0605 1305 1720 - Brain Allgood Hospital - Brain Allgood Hospital

Arrival CASEY

CASEY - YONGSAN - K-16 - HUMPHREYS

0840

1240

1940

Friday - Sunday and U.S. & Traning Holidays										
	Bus 1		Bus 3		Bus 1	Bus 2	Bus 3			
Departure CASEY	0600	1000	1715	Departure HUMPHREYS - Bus Terminal	0600	1300	1715			
Departure YONGSAN	0740	1140	1855	Departure HUMPHREYS	0605	1305	1720			
Departure K-16	0850	1250	2005	- Brain Allgood Hospital	0003	1303	1720			
Departure HUMPHREYS - Maude Hall	1020	1420	2135	Departure HUMPHREYS - Maude Hall	0615	1315	1730			
Departure HUMPHREYS	1030	1430	2145	Departure K-16	0755	1455	1910			
- Brain Allgood Hospital	1030	1430	2 145	Departure YONGSAN	0905	1605	2020			
Arrival HUMPHREYS - Bus Terminal	1040	1440	2155	Arrival CASEY	1035	1735	2150			

CASEY - BONIFAS			
Sunday only			
Departure CASEY, BLDG S-3007	1300	Departure BONIFAS, BLDG S-164	0730
Arrival BONIFAS, BLDG S-164	1400	Arrival CASEY, BLDG S-3007	0830

CASEY PATRIOT EXPRESS SHUTTL	POC: 010-9788-2325	
Tuesday & Thursday		
Arrival CAMP CASEY BUS TERMINAL	0400	
Departure CAMP CASEY BUS TERMINAL	0430	 ALL military members, dependents and civilians with official travel orders who are in PCS, ETS or TDY status and have been manifested
Arrival OSAN AB AMC TERMINAL	0630	for the Patriot Express

St. Mary's Hospital Shuttle Service

St. Mary's Hospital in Uijeongbu offers free daily bus transportation for patients arriving from Camp Casey. Soldiers or civilians who've made appointments with the hospital, may board the bus at Camp Casey TMC/Health Clinic at 0800. For more information, please call the St. Mary's Hospital (off base) at 99-820-3636.



troy.edu/msir

For more than 70 years, Troy University has prepared United States servicemen and servicewomen to be leaders in their fields. With more than 100 degree options offered completely online, TROY will help you find your path to success.

Founded in 1887, Troy University is a public, historic, international University with more than 175,000 alumni. Students choose TROY for its quality academic programs, reasonable cost, outstanding faculty and flexible in-class, online and blended class offerings.

TROY's history of service to the military dates back to 1950, when we began offering voluntary education to soldiers at the Army's Camp Rucker. The University continues that tradition of service by delivering undergraduate, graduate and post-graduate degrees through a variety of on-base, near-base and online programs.





In a world that is becoming increasingly interconnected, the ability to interpret and analyze global trends and concepts, as well as understand other cultures, is of greater importance now than ever before. TROY's Master of Science in International Relations (MSIR) equips students with the knowledge and skills to be successful on a global stage.

One of the largest International Relations Graduate Studies Programs in the United States, TROY's MSIR program offers students of diverse backgrounds and undergraduate degrees the opportunity to acquire knowledge and understanding of international political and economic trends and activities that help to shape and define the world in which we live and work.

Offering concentrations in Global Studies, National Security Affairs, and Regional Affairs, the MSIR is a 12-course, 36-credit-hour program that will expose students to a diverse curriculum covering history, regional studies, comparative government, foreign policy studies, political economy, geography, conflict management, international organization and law, and intercultural relations.



Through TROY's MSIR program, students will emerge with the analytical and theoretical skills necessary for understanding and evaluating the impact of global and national issues on world events.

Through extensive course and scholarship offerings, TROY continues its commitment to keeping higher education affordable for those who sacrifice so much.

TROY's Military and Family Scholarships cap the cost of tuition at \$250 per credit hour for active-duty U.S. military, National Guard and Reserves, as well as their spouses and dependents. This capped tuition rate matches the amount covered by Military Tuition Assistance, so military members will have no out-of-pocket costs associated with their tuition as they pursue undergraduate or graduate degrees. The scholarship also provides significant savings of up to 50% on tuition costs for spouses and dependents.

As a result of the University's continued commitment to serving the men and women of the United States military, TROY has been recognized by SR Education Group as a "Top Yellow Ribbon" online college. TROY has also ranked in U.S. News & World Report's "Best for Veterans" and Military Times' "Best for Vets" rankings. In addition, the University has been named to The Princeton Review's "Best of the Southeast" rankings for 18 consecutive years and is among the top regional universities and best value universities in the South, according to U.S. News & World Report.



Be part of a family of leaders with more than 175,000 alumni worldwide. It's your time to Lead the Charge at TROY today. Learn more at troy.edu/pacific or by calling DSN 784-8151 (OSAN AB) or DSN 755-3534 (CAMP HUMPHREYS).

YONGSAN & K-16 FAMILY & MORALE. WELFARE AND RECREATION FACILITIES

YONGSAN

RECREATION

Commiskey's Fitness Center South Post, Building #4275 DSN: 722-8222

Hours of Operation

Mon-Fri: 0500-2100 Sat, Sun & U.S. Holidays: 0800-1700

K-16 AIR BASE

K-16 Arts & Crafts Center

Building #302 2nd Floor CAC Building DSN: 722-8435

Hours of Operation

Tue-Sat: 1100-1900 Sun & Mon: Closed

K-16 Community Activities Center (K-16 CAC)

Building #302 2nd Floor CAC Building DSN: 722-8103

Hours of Operation Mon- Sat: 0800-2200 Sun: 0900-2200

K-16 Fitness Center Building #158

DSN: 722-8413 / 8447

Hours of Operation

Mon-Fri: 0500-2130 Sat, Sun & US/Training Holidays: 1000-1830

K-16 Indoor Swimming Pool

Building #151 DSN: 722-8503

Hours of Operation

Mon & Thu: 0600-2000 Fri: 0600-1400 Sat & US/Training Holidays: 1000-1800 Sun: Closed

K-16 Landing Zone Club

1st Floor CAC Building Building #302 DSN: 722-8106

Hours of Operation

Tue-Thu: 1700-2400 Fri-Sat: 1700-2400 Sun, Mon & KN Holiday: Closed

Game Room Sun-Mon: Closed Tue-Sat: 0900-2400

K-16 Library

Building #302 3rd Floor CAC Building DSN: 722-8104 / 8105

Hours of Operation

Tue, Thu & Fri: 1000-1900 Wed & Sat: 0900-1800 Sun & Mon: Closed

ADVERTISING & SPONSORSHIP OPPORTUNITIES

USAG Yongsan-Casey have multiple advertising venues for you to choose from and some of these venues include In The Zone Monthly Magazine, Warrior's Compass Weekly News Letter, Digital Signage, Banner Pole, Website Banner, Calendar, Community Map and much more!



IN THE ZONE





Banner Pole





Web Banner

For more information about advertising & sponsorship, call DSN 722-4618 or email youngsook.dallao.naf@army.mil 협찬 및 광고 문의: 050-3322-4618 / 이메일: youngsook,dallao,naf@army,mil









Yongsan & K-16 November Upcoming Events

Sunday

Monday

Tuesday

Wednesday

Thursday

Friday

Legend: Special Event / k-16 Daily Sports Program **Army Community Service: ACS** Yongsan Library

K-16 Multi-Purpose Field: K-16 MPF K-16 Multi-Purpose Room: K-16 MPR

Swim Class 1230, K-16 Indoor Poo

Korean Language Class 1200-1250, K-16 CAC Latin Music Night 1800-2400, Landing Zone

A.T.T.A.C(P3T) 0630, K-16 Gvm High Intensity Interval

Training, 0900, K-16 Gym Lunchtime Yoga 1140 K-16 Gvm

Children Story Time 1030, K-16 Library

Cosmic Live DJ Night 1900-2400, Landing Zone

Everland Trip 0800-1700, K-16 CAC Free Movie Night

1300-2200 K-16 CAC Cosmic Live DJ Night 1900-2400. Landing 7one

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Free Movie Night 1300-2200, K-16 CAC

A.T.T.A.C(P3T)

High Intensity Interval Training, 0900, K-16 Gym

1130-1330, K-16 Library Swim Class **Country Music Night** 1230, K-16 Indoor Pool 1800-2400, Landing Zone

A.T.T.A.C(P3T)

High Intensity Interval Training, 0900, K-16 Gym Swim Class

Korean Language Class 1200-1250, K-16 CAC

Korean Cooking Class 1700-1900, K-16 CAC

Veterans Day Children Story Time, 1030, K-16 Library

Karaoke Night 1700-2400, Landing Zone 10 Veterans Day Observed

1000 K-16 Gym Cosmic Live DJ Night 1900-2400, Landing Zone

Free Movie Night 1300-2200, K-16 CAC

Cosmic Live DJ Night 1900-2400, Landing Zone

11 Veterans Day

Free Movie Night 1300-2200, K-16 CAC

13

High Intensity Interval Training, 0900, K-16 Gym Swim Class 1230, K-16 Indoor Pool

14 A.T.T.A.C(P3T) 0630, K-16 Gym

Lunchtime Yoga

Hanji Paper Class

1140, K-16 Gym

Lunchtime Yoga 1140, K-16 Gvm Hanji Paper Class 1130-1330, K-16 Library

Country Music Night 1800-2400, Landing Zone

High Intensity Interval Training, 0900, K-16 Gym Swim Class 1230, K-16 Indoor Poo

Korean Language Class 1200-1250, K-16 CAC Latin Music Night

1800-2400, Landing Zone

16

A.T.T.A.C(P3T) 0630, K-16 Gym Lunchtime Yoga 1140, K-16 Gym

Karaoke Night 1700-2400 Landing Zone 17

SFA K101

Flag Football **Turkey Bowl Tournament** 1000, K-16 Multi-purpose Field

Cosmic Live DJ Night 1900-2400, Landing Zone

Thanksgiving 5K Run 0900, K-16 Fitness Center Lotte World Trin 0800-1700, K-16 CAC

Free Movie Night 1300-2200 K-16 CAC Cosmic Live DJ Night 1900-2400. Landing 7one

19

Free Movie Night 1300-2200, K-16 CAC

A.T.T.A.C(P3T)

20

High Intensity Interval Training, 0900, K-16 Gym

Swim Class 1230, K-16 Indoor Pool 21 Lunchtime Yoga 1140. K-16 Gvm

Hanji Paper Class 1130-1330, K-16 Library **Country Music Night** 1800-2400, Landing Zone

22

A.T.T.A.C(P3T) 0630, K-16 Gvn **High Intensity Interval** Training, 0900, K-16 Gym Swim Class

1230, K-16 Indoor Po Korean Language Class 1200-1250, K-16 CAC

23 Thanksgiving Day

Children Story Time 1030, K-16 Library Karaoke Night 1700-2400, Landing Zone 24

2023 K-Culture Event 1700-1830, K-16 Landing Zone & Food Court Cosmic Live DJ Night 1900-2400, Landing Zone

Earn & Burn off All that Turkey, 1330, K-16 Fitness Center

Free Movie Night 1300-2200, K-16 CAC

27

High Intensity Interval Training, 0900, K-16 Gym Swim Class 1230, K-16 Indoor Poo

28

A.T.T.A.C(P3T) 0630, K-16 Gym Lunchtime Yoga

1140 K-16 Gvn Hanji Paper Class

1130-1330, K-16 Library Country Music Night 1800-2400, Landing Zone 29

High Intensity Interval Training, 0900, K-16 Gym Swim Class 1230 K-16 Indoor Pool

Korean Language Class 1200-1250, K-16 CAC Latin Music Night 1800-2400, Landing Zone

30

A.T.T.A.C(P3T) 0630, K-16 Gym Lunchtime Yoga 1140, K-16 Gvr

Children Story Time 1030, K-16 Library Karaoke Night 1700-2400 Landing Zone Free Movie Night 1300-2200. K-16 CAC

Cosmic Live DJ Night

Commiskey's Fitness Center

South Post, Building #4275

Mon-Fri: 0500-2100 Sat, Sun & U.S. Holidays: 0800-1700



Thanks for visiting Commiskey's Fitness Center For more information about this facility please scan this QR Code.

For more information, call DSN 722-8222.



K-16 SPORTS, FITNESS & AQUATICS FACILITIES

722-8413 / 8447



Sin, Kwang Yol kwangyol.sin.ln@army.mil





K-16 Fitness Center (Bldg. #158)

- Mon-Fri: 0500-2130
- Sat, Sun & US/Training Holidays: 1000-1830
- DSN: 722-8413 / 8447

K-16 Indoor Pool (Bldg. #151)

- Mon & Thu: 0600-2000
- Fri: 0600-1400
- Sat & US/Training Holidays: 1000-1800
- Sun: Closed
- DSN: 722-8503

K-16 Batting Cage (FREE)

- Mon-Fri: 0500-2130
- Sat. Sun & U.S. Holidavs: 1000-1830

K-16 SFA FITNESS CLASSES

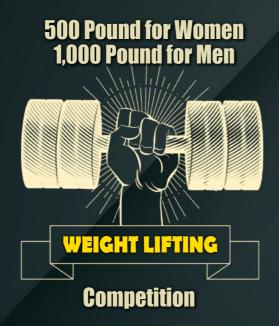
(High Intensity Interval Training)

Experience a diverse range of exercises, encompassing resistance and aerobic training. Embrace the challenge; this strategy maximizes efficiency, saving time while aiding weight loss, muscle building, and metabolism enhancement.

Lunch Time Yoga

Discover the science of balance with yoga – harmonizing body and soul, work and life, mobility and stability. Perfect for beginners, this lunchtime class offers a gentle introduction.

For more information, please contact. Ms. Kim, Min Chong at DSN 722-8404 or from cell 050-3322 8404. Email: minchong.kim.ln@army.mil



Saturday 9 December, 1000 K-16 Fitness Center Weight Room

- Registration: Saturday, 9 December, 0900-0945 at K-16 Fitness Center
- Registration is limited to 15 competitors due to lack of space (First-come, firstserved basis)
- Award will be presented to 1st, 2nd and 3rd places.

For more information, please contact Mr. Sin, Kwang Yol @ DSN: 722-8413 Email: kwangyol.sin.ln@army.mil



K-16 MONTHLY SWIMMING CHALLENGE

K-16 Indoor Pool 25M: Beginner Swimmer: Allowed to use floating devices such as life jacket, kick board or aqua belt ... etc.

50M: All Swimmer: Freestyle

200M Relays: Freestyle relay, no diving allowed.

Winner will be chosen at the end of each month.

K-16 FREE SWIM LESSONS

Basics Class

Every Monday, 1230

- Duration: 30 minutes for 8 weeks.
- Max 5 people

Intermediates Class

Every Wednesday, 1230

- Duration: 30 minutes for 8 weeks.
- Max 5 people

For more information, call K-16 Indoor Pool, DSN 722-8503 or K-16 Fitness Center, DSN 722-8413.





Happy Thanksgiving Day

K-16

Flag Football Turkey Bowl Tournament

Friday, 17 November, 1000 K-16 Multi-purpose Field

- Registration Deadline: Thursday, 9 November @ K-16 Fitness Center
- Coaches Meeting: Monday, 13 November, 1300 @ K-16 Fitness Center

For more information, please contact Mr. Sin, Kwang Yol @ DSN: 722-8413 Email: kwangyol.sin.ln@army.mil

Thanksgiving 5K Fun Run

Saturday, 18 November, 0900 K-16 Multi-purpose Field

- Registration: Saturday, 18 November, 0800 @ K-16 Fitness Center
- Men's & Women's Division: Open / Sub Masters / Master / Senior Master
- Award will be presented to 1st, 2nd, 3rd places.

For more information, please contact Mr. Sin, Kwang Yol @ DSN: 722-8413 Email: kwangyol.sin.ln@army.mil

Earn & Burn Off All That Turkey

Saturday, 25 November @ Basketball Court, K-16 Fitness Center

1100 - Flow Yoga 1330 - Turkey Burn & Lift off

For more information, please contact. Ms. Kim, Min Chong at DSN 722-8404 or from cell 050-3322 8404. Email: minchong.kim.ln@army.mil



YONGSAN & K-16 BOSS

BLDG S-302, 2nd Floor

Office 722-8100







Area I & II BOSS President

SGT Choi, Hamin

DSN: 722-1018 Cell: 010-7547-1764

Email: hamin.choi.mil@army.mil



K-16 BOSS Secretary

CPL Ramirez, Nathan

Cell: 010-3942-7187

Email: nathan.ramirez6.mil@army.mil



K-16 BOSS Treasurer

PFC Reed, Dale A

Cell: 010-7917-4985

Email: dale.a.reed18.mil@army.mil



Yongsan/K-16 MWR Advisor

Eric U. Yim DSN: 722-8100

Email: eric.u.yim.naf@army.mil

QUALITY OF LIFE

Events or activities Soldiers can directly or indirectly influence to enhance their morale, living environment, or personal growth and development.

RECREATION & LEISURE

Exciting events and trips for single and unaccompanied service members. It's a way to get out of the barracks, experience & explore Korea, and interact with others.

OUALITY OF LIFE

BOSS offers many volunteer opportunities for Soldiers to reach out to the community and help make a difference.

K-16 LIBRARY

BLDG S-302, 3rd Floor
Office **722-8104 / 8105**



K-16 BRD Manager **Eric U. Yim** eric.u.yim.naf@army.mil



Librarian

Choe, Sung Han
sunghan.choe2.ln@army.mil



my.mil

Hours of Operation

Tue, Thu & Fri: 1000-1900 Wed & Sat: 0900-1800 Sun & Mon: Closed







Veterans Day Children Special Story Time

Thursday, 9 November, 1030-1200

Children Story Time:

Thursday, 2, 23 & 30 November, 1030-1130

Hanji Paper Class (Adult Only):

Tuesday, 7, 14, 21 & 28 November 1130-1300

• Instructor: Sara Chong

Korean Cooking Class

Thursday, 9 November, 1700-1900

Thanksgiving Special Story Time

Thursday, 16 November, 1630-1800

K-16 COMMUNITY ACTIVITIES CENTER

BLDG S-302, 2nd Floor

Office 722-8103 / 8102



K-16 BRD Manager Eric U. Yim eric.u.yim.naf@army.mil



Tommy Pak tommy.y.pak.naf@army.mil



Hours of Operation

Mon - Sat: 0800-2200 Sun: 0900-2200



FREE 1 on 1 Piano Lesson

Every Tuesday, K-16 CAC Piano Room

• Beginner only, 20 minutes per person

FREE Korean Language Class

Every Wednesday, 1200-1250 K-16 CAC TV Viewing Room

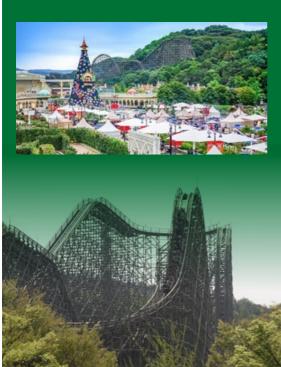
FREE Movie Night (AAFES Sim Card)

Every Saturday & Sunday, 1300-2200 K-16 CAC TV Viewing Room

EVERLAND TRIP

Saturday, 4 November, 0800-1700

- Bus Fee: \$10 per person, \$20 for family
- Entry Fee: \(\psi 62,000\) (Adult/Youth) / \(\psi 52,000\) (Child)
- Min: 15 & Max: 40



LOTTE WORLD TRIP (Seoul)

Saturday, 18 November, 0800-1700

- Bus Fee: \$10 per person / \$20 for family
- Entry Fee: \u25,000 per person
- Min: 15 & Max: 40





FRIDAY, 24 NOVEMBER, 1700-1830 K-16 LANDING ZONE & FOOD COURT



- Korean refreshments & individual snack bags will be provided per person (First come, first serve).
- K-Culture Performance (Fusion, Traditional, K-pop Dance, etc.)









K-16 COMMUNITY ACTIVITIES CENTER **EQUIPMENT FOR RENT**

Canopy, Popcorn Machine, Table Cloth, Ice Chest, Folding Table, Folding Chair, Inflatable Game, Bike with Helmet, Chafing Dish with Warmer

722-8103/8102

BLDG #302



Bike w/ Helmet Rental Fee All Day, \$15 Half Day (4 hrs), \$10

- * PT 2 hours \$5
- * Early pick up authorized and available to use FMWR Unit Fund



Large \$9 Small \$6



Folding Chairs \$1 Fach/day



Inflatable game \$75/day



10x10, \$20 10x20, \$25 each/day



Folding Table 36"x72" \$5/day



Popcorn Machine \$20/day



Table Cloth \$2/day



Chafing Dish with alcohol warmer \$10/day

K-16 LANDING ZONE CLUB

BLDG S-302. 1st Floor

Office 722-8106 / 8477



K-16 BRD Manager Fric II Vim eric.u.yim.naf@army.mil



Mun, Chong Hwan chonghwan.mun2.ln@army.mil





Hours of Operation

Tue-Thu: 1700-2400 Fri-Sat: 1700-2400

Sun, Mon & KN Holiday: Closed

Game Room

Sun-Mon: Closed Tue-Sat: 0900-2400

Sun, Mon & KN Holiday: Closed

Country Music Night

Every Tuesday, 1800-2400

Latin Music Night

Every Wednesday, 1800-2400

Karaoke Night / Free Food & Chips

\$6

Every Thursday, 1700-2200

Snack Service: 1700-2200 PIZZA: Combination or Supreme

BURRITO: Chicken or Beef \$4 **CHICKEN WINGS 4pcs** \$7



^{*} Last order 30 minutes before closing

K-16 ARTS & CRAFTS

Tuesday – Saturday: 1100-1900 Sunday – Monday: Closed

Welcome to JSJ 3D Printing Lab @ K-16 CAC!

We provide 3D Printing services such as;

- 3D printing modeling
- Workshop for learning 3D printing process, DIY of Drones and Robots
- Sales of Robot Kits, Drone Kits Electronic Parts, Accessories for your DIY Kits, etc.
- Printing customized bust of yourself, Trophies and Souvenirs (All products can be made to order.)

You can use our machines for making something you wish to make. FDM 3D Printers and high quality resin 3D Printers are ready for you! Have fun & unleash your creativity!



3D Printing Lithophane with Framework



Citation with Laser Printing



3D Printing Trophy



Coin Making



BANKA!



Frame & Matt Work



Crafts Work



Acrylic Cellphone Holder



Softball Trophy

- Youth Pottery Class: Every Wednesday 1500-1600
- Comfy! LED Lighted Stand Making Class:

Every Saturday, 1300-1400

- Minimum 5 & Maximum 12 Participants Required
- All Youth Class must be attended with parents or legal guardian.





Arts & Crafts Contractor Mr. Pak provides services to include Framing, Unit Coin, Trophy, 3-D Printing and Classes.

If you have any question, please call 722-8435 or Mr. Pak, Jong Soo at 010-5252-4149.

YONGSAN / K-16

ARMY COMMUNITY SERVICE

K-16 CAC, BLDG S-302, Room #307

DSN: (315) 722-5471 or from Cell 0503-322-5471



Hours of Operation

Monday-Tuesday & Thursday-Friday: 1000-1400 Wednesday: 0800-1400

(Except on the training, meeting, community visit or holiday)

For more information on specific program/service availabilities, please scan the QR code or visit the site below.

https://sites.google.com/view/ USAG-vongsan-casev-acs



Mobilization, Deployment and Stability Support Operations (MD & SSO) Program

For more information, please call DSN 722-5471. For immediate assistance, please contact 722-1578 (Casey office)

Army Volunteer Corps Program (AVC)

Services available for Yongsan and K-16. Class is available on every third Monday of each month. Please contact the AVC Coordinator to schedule an appointment for OPOC training at 722-5471 or 050-3322-5471 or email at timothy.t.brice.civ@army.mil.

Please make sure all of your volunteer hours are updated in VMIS so that we can make sure all of our volunteers get the credit for their outstanding contributions to our Yongsan-Casey and K-16 communities. The link to VMIS is: https://www.armyfamilywebportal.com

Family Advocacy Program (FAP)

Education for Professionals: : Training for first responders & mandated reporters (Child and Youth Services, Medical, and Law enforcement personnel) and other community agencies on the identification, reporting, and treatment of domestic and child abuse; the referral process; available programs, services, and resources.

Stress Management: An interactive session to assist participants to recognize the symptoms, causes, and effects of stress and introduce an array of stress management techniques.

*Group or Individual sessions for other Basic Life Skills are also available upon unit request or individual appointment. For more information on events, classes or unit requests please call at 722-1578, 722-1567, and 722-1577.

Grab a friend, a Battle Buddy, or a newly arrived Community Member and join us for Community Craft Meetups where we will engage in mindfulness art, community connection, and learning a new skill!



Employment Readiness Program

Employment assistance is available by appointment only. Please call 722-5471 to schedule an appointment. Employment Services are limited to: JOB SEARCH ASSISTANCE, JOB REFERRALS and, RESUME REVIEW.

Relocation Readiness Program

Lending Closet - If you are newly arriving and need essentials like pots and pans, coffee maker and other kitchen items until your HHGs arrive, stop by and borrow from our lending closet for up to 90 days. (Extensions granted for extenuating circumstances.)



New Parent Support Program

Please check out our Family Advocacy Program TAB on the ACS Information Site to see Expectant Parent Brochure, Families with Children Ages 0-3 Brochure, FAP Brochure, and Parenting Tools and Resources.



Child Abuse Reporting Hotline: 0503-337-5799

Financial Readiness Program

The Financial Readiness Program offers educational classes, seminars, workshops, group counseling, face to face counseling, and support services to assist Service Members along with their Families, Unit Commanders, First Sergeants, and DOD Civilians with financial planning and debt management.

According to Department of Defense and Army policy, Section 661 Army Community Service will start providing financial readiness as part of Common Military Training (CMT) at various personal and professional milestones throughout the military lifecycle. Below is a list of the required training. Don't hesitate to contact Barbara Brown at Army Community Service Financial Readiness Program at 0505-322-1577 or DSN 315-322-1577.

Money Management Class and Budgeting Class is offered on a by request basis by calling ACS Financial Readiness Program Manager at 722-1577 or 0503-322-1577.

Information About Estate Planning, please contact Camp Casey Legal Services, Maude Hall, RM 235.

For more information on events, classes, or unit requests, call the Financial Readiness Program Manager at 722-1577/1578.

Army Emergency Relief - Helping The Army To Take Care of Soldiers

Army Emergency Relief (AER) provides emergency assistance to Active Duty Service Members, their Families, and Retired Service Members. Please call 050-3322-1577 or DSN 315-722-1577 regular duty hour 0730 - 1630. After duty hours, on weekends, and holidays call American Red Cross at 877-272-7337. AER Commanders and Soldiers Training are available upon request by contacting Casey ACS at 050-3322-1577 or DSN 315-722-1577. Learn more about AER's MG James Ursano Scholarship Program: https://www.armyemergencyrelief.org/scholarships/child/

ACS ON WHEELS

EVERY WEDNESDAY 0800-1400 @ K-16

For AER assistance, please contact DSN: (315) 722-1577 / Comm 0503-322-1577

Casey: (315)722-1578 / Comm 0503-322-1578 K-16: (315) 722-5471 / Comm 0503-322-5471



USAG YONGSAN-CASEY NEWCOMERS ORIENTATION

USAG Yongsan-Casey Command would like to welcome all newly arrived Service Members, Family Members and DA Civilians.

K-16

Program Brief: 3rd Wednesday of the month "QUARTERLY" 20 December 2023, 0900-1100 @ K-16 CAC Building, Chapel (3rd Floor)

Cultural Tour: 1130-1630

Uniform: Casual attire with comfortable walking shoes, polo shirt, khakis (no Jeans); business casual attire for civilians.

- DMZ Gallery Graves and Imjin-gak Gondola of Peace. (More information will be provided at the end of the Newcomer Orientation.)
- Food, liability insurance and bilingual tour guide will be provided.
- * Schedule is subject to change.

If You have any questions regarding the tour, please email: hosong.yun1.ln@army.mil.

For more information about the Newcomer Orientation, please contact: Camp Casey ACS at DSN 722-1578/1569, from cell 050-3322-1578 K16-Yongsan ACS at DSN 722-5471, from cell 0503-322-5471

Email: Yongsan.k16.acs@gmail.com

Please sign up using QR Code or the link below.

https://forms.gle/sQQH98AeCixzqiuJ8



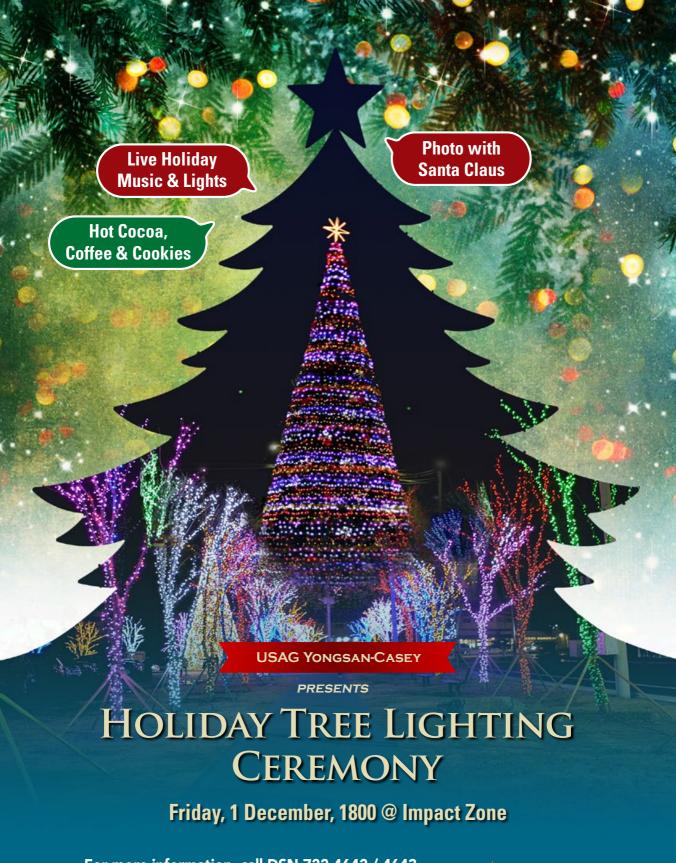
REGISTRATION

REQUIRED



Visitor Center

K-16 DFAC



For more information, call DSN 722-4642 / 4643 from Cell 050-3322-4642 / 4643.





