

USAG YONGSAN-CASEY  
**SPORTS, FITNESS & AQUATICS FACILITIES**



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**CAREY FITNESS CENTER**



*Manager*  
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Sports, Fitness & Aquatics Facilities  
 casey.armymwr.com

Due to intermittent outages,  
 24/7 access at Carey Fitness Center may be disabled  
 at the time of your visit.  
 System access will be restored the following business day



THE 2025 SPORTS EVENTS AT  
**CAREY FITNESS CENTER**

**UNIT LEVEL SPORTS PROGRAMS**

EVENT	DATE	SIGN-UP PERIOD
BASKETBALL (WINTER)	9 DEC 24 - 14 FEB 25	4 - 25 NOV 24
VOLLEYBALL	10 MAR - 25 APR	3 - 24 FEB
BASKETBALL (SUMMER)	30 JUN - 14 AUG	12 MAY - 16 JUN

**UNIT LEVEL HOLIDAY INVITATIONAL TOURNAMENTS**

EVENT	DATE	SIGN-UP PERIOD
MARTIN L. KING JR. BIRTHDAY BASKETBALL TOURNAMENT	17 - 19 JAN	16 DEC 24 - 13 JAN 25
THANKSGIVING DAY BASKETBALL TOURNAMENT	23 - 26 NOV	18 NOV
CHRISTMAS HOLIDAY BASKETBALL TOURNAMENT	22 - 27 DEC	17 NOV - 15 DEC



**CAREY FITNESS CENTER**



- Staffed Hours: 7 days a week, 0500-2100  
 Including US/Training Holidays
  - Unstaffed Hours: 2100-0500
- Register at any time during staffed hours.





## 24/7 ACCESS

### Who is Authorized?

- Active-duty service members 17 years and older.
- MWR-authorized patrons 18 years and older.

### Requirements

- RecTrac/Card Reader Registration
- Liability Waiver



PLEASE SEE FITNESS STAFF FOR ASSISTANCE.

### Accessible Areas

- Lobby Area
- Restrooms located in the Lobby Area
- Basketball/Racquetball Court
- All Weight Rooms
- Cardio Room

### Off-Limit Areas

- Men's & Women's Locker Rooms
- Saunas
- Showers

## DO's

- Ensure doors are completely closed after entering or before entering behind another patron (one card scan per person).
- Wipe down all equipment with the gym wipes provided in each area.
- Rerack all weight plates and dumbbells after use.
- Dispose of all trash in the receptacles provided throughout the facility.

## DON'Ts

- No Piggybacking (allowing someone in who does not have access or forgot their ID card).
- No patrons under 18 years old – except Active Duty.
- No Guests.
- No Food, Tobacco, Alcohol, or Illegal Drugs.
- No Glass Containers.
- No Bicycles.
- No Rubber/Plastic Sweatsuits.
- No Personal Fitness Equipment.
  - Exception: Weightlifting, Gloves, Lift Straps/ Hooks, Knee/Elbow Sleeves.
- Do not take or remove any equipment from the facility under any circumstances.

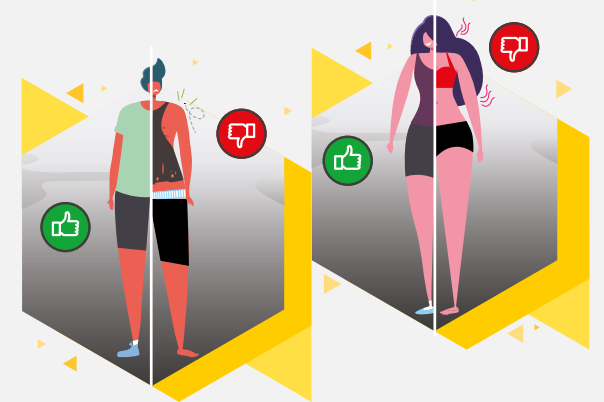


## IN CASE OF EMERGENCY

- An Automated External Defibrillator (AED) is located at the front counter.
- Camp Casey **Fire Department** 722-4741/4743  
From Cell: 0503-322-4741 or 4743
- Camp Casey **MP Desk** 722-4725/4726  
From Cell: 0503-322-4725 or 4726
- **ALL EMERGENCIES CALL 911**  
From Cell: 0503-322-9111

# FITNESS CENTER ATTIRE

Fitness Center staff has final discretion on appropriate attire. All patrons must comply with requests for attire corrections in order to utilize Fitness Center facilities. Approved, Command-issued (military) PT gear is allowed by those authorized to wear it.



## YES!

### FOOTWEAR

- + Socks
- + Appropriate athletic shoes (tennis, running, court, cross-training, lifters, etc.)

### BOTTOMS

- + Shorts longer than fingertip length when arms are placed straight down the side of the body.

### TOPS

- + Unmodified T-shirts.
- + Tank tops that cover any undergarments and the majority of the torso.
- + Tops that cover the midriff when standing up, and meets the top edge of bottoms.

- + Proper hygiene
- + Limited use of perfume or cologne.

## NO!

### FOOTWEAR

- x Bare feet
- x Flip flops
- x High heels
- x Sandals
- x Open-toe shoes
- x Crocs or clogs

### BOTTOMS

- x Saggy bottoms or exposed underwear
- x Jeans
- x Bikinis
- x Exposed buttocks

### TOPS

- x Rivets
- x Modified T-shirts or tank tops
- x Undergarments worn as outer garments
- x Bikinis
- x Exposed cleavage or chest/nipple area
- x Obscene slogans or designs

- x Heavy perfume or cologne
- x Excessive body odor
- x Excessively dirty or torn garments
- x Transparent garments
- x Pajamas