USAG Yongsan-Casey Family and MWR Magazine

SEPTEMBER 2025

IN THE ZONE







PBA & PWBA Pro Bowling Tour

Details on Page 18

SEPTEMBER 2025







Featuring

Stephanie Zavala

Sean Rash



P. 9 OKTOBERFEST

- P. 13 Autumn Invitational Golf Tournament
- P. 24 Suicide Awareness & Prevention 5K Run
- P. 36 **Seoul City Tour**
- P. 42 Outdoor Recreation Archery Tag Tournament









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IN THE **ZONE**



IN THE ZONE is published monthly by the USAG Yongsan-Casey Family & Morale, Welfare and Recreation Marketing Division, HHC Camp Casey, Unit 15543, APO AP 96224. Magazines are distributed free at select locations throughout the Casey / Hovey and Yongsan communities. Comments and suggestions are always welcome. Advertising is accepted. The appearance of paid advertisements does not constitute endorsement by the DoD, the U.S. Army or USAG Yongsan-Casey, DFMWR.

For more information about the magazine, call DSN 722-4618 or from Cell 050-3322-4618.

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Stay Connected!



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CASEY / HOVEY FAMILY & MORALE, WELFARE AND RECREATION FACILITIES

Casey CAC

Building #S-2236

• Sun: 1000-1900

Casey Library

Building #S-2236

Hours of Operation

Mon-Sat: 1000-1900

• Sun & KN Holidays: Closed

Army Community Service

Mon-Wed & Fri: 0800-1700

Casey Auto Skills Center

DSN: 722-4634

SERVICES

Building #2451

DSN: 722-1578

ACS / AER

Hours of Operation

• Thu: 1300-1700

Building #S-2330

Hours of Operation

Mon-Sat: 0900-1730

Sun & KN Holidays: Closed

DSN: 722-4641

(ACS)

Hours of Operation

Mon-Sat: 0900-2100

DSN: 722-4644 / 722-4647

CAMP CASEY

FOOD & BEVERAGE

Impact Zone Building #2540

DSN: 722-4627 / 4628 / 4783 **Hours of Operation** Dining

- Sun-Thu: 1100-2300
- Fri-Sat & Holidays: 1100-2400

Bar

- Sun-Thu: 1700-2300
- Fri-Sat & Holidays: 1700-2400

Game Room

- Sun-Thu: 1100-2300
- Fri-Sat: 1100-2400

Delivery

- Sun-Thu: 1100-2300
- Fri-Sat: 1100-2400

Indianhead Golf Course Restaurant

Building #S-650 Hours of Operation

Dining: 722-0381 • Daily: 0630-2000

Pin High Café

• Daily: 0800-2000

Golf Course & Pro Shop: 722-0381

- Mon-Fri: 0700-1930
- Sat-Sun & U.S. Holidays: 0630-1930

Warrior's Club Thunder Food Park

- **Hours of Operation** Mon-Fri: 0700-2200
- Sat & Holidays: 1100-2200
- Sun: Closed

HEALTH & FITNESS

Carey Fitness Center Building #S-1715 DSN: 722-1379 / 722-4636

Hours of Operation

24-Hour Access

Hanson Field House

Building #S-3015 DSN: 722-0310 / 722-4640 **Hours of Operation**

- Mon-Fri: 0500-2100
- Sat, Sun & U.S./Trg Hols: 0900-2000

Hanson Outdoor Swimming Pool

Building #S-3034 DSN: 722-0223 / 722-0310 **Hours of Operation**

- Wed-Mon: 1200-2000
- Tuesday: Closed (Except on U.S./Training Holidays)

Health & Human Performance Center (HHPC)

Building #S-3030

DSN: 722-4639 **Hours of Operation**

- Mon-Fri: 0500-2100
- Sat, Sun & U.S./Trg Hols: 0900-2000

RECREATION

Casey Golf Course

Building #S-650 Hours of Operation Golf Course & Pro Shop:

- 722-0381 • Mon-Fri: 0700-1930
- Sat-Sun & U.S. Holidays: 0630-1930

Dining: 722-0374 / 722-4624

• Daily: 0630-2000 Pin High Café

• Daily: 0800-2000

Casey Buccaneer Bowl

Building #S-3014 DSN: 722-4622

Hours of Operation

Lanes, Snack / Game Room / Bar

- Sun, Mon, Wed & Thu: 1100-2200
- Fri-Sat & Holidays: 1100-2400
- Tue: Closed

Leisure Travel Services

Building #S-2236 DSN: 722-4645 / 722-3291

Hours of Operation

- Tue-Sat: 0900-1800
- Sun & Mon: Closed

Outdoor Recreation Building #S-2236

DSN: 722-4642 / 722-4643

- **Hours of Operation** Tue-Sat: 0900-1800
- Sun & Mon: Closed

CAMP HOVEY

Iron Triangle Club

Building #S-3974 DSN: 722-4650

Hours of Operation Dinina

- Sun: 1700-2230
- Tue-Thu: 1100-2230
- Fri: 1100-2400
- Sat: 1700-2400
- Mon: Closed

- Sun & Tue-Thu: 1700-2200
- Fri & Sat: 1700-2400
- Mon: Closed

Game Room

- Sun: 1700-2200
- Tues-Thu: 1100-2200
- Fri: 1100-2400
- Sat: 1700-2400
- Mon: Closed

Delivery: 010-5747-4650

- Sun: 1700-2200
- Tue-Thu: 1100-2200
- Fri: 1100-2330
- Sat: 1700-2330
- Mon: Closed

Hovey Fitness Center Building #S-3415

DSN: 722-1376 Hours of Operation

24-Hour Access

Hovey Indoor Swimming Pool Building #S-3414 DSN: 722-0723 / 722-4655

- Mon-Fri: 0630-1400
- Sat, U.S./KN/Training Holidays: 0900-1700
- Sun: Closed RETIREES

Hovey Bowling Center Building #S-3823

DSN: 722-4649

Hours of Operation

- Sun-Mon, Thu: 1100-2100 • Fri-Sat & Holidays: 1100-2300
- Tue & Wed: Closed

Hovey CAC Building #S-3974/B

DSN: 722-4656 Hours of Operation

- Mon-Sat: 1100-2000
- Sun: Closed

Hovey Library

Building #S-3754/B DSN: 722-4653 **Hours of Operation**

- Mon-Fri: 1000-1900
- Sat , Sun & KN Holidays: Closed

From Cell Phone 050-33+Last Six DSN DSN: 7xx-xxxx From Cell: 050-33xx-xxxx

Casey & Hovey September Upcoming Events

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
	1	2	3	4	5	6
	Everland Tour 0800, LTS	Aroma Healing Group Pilates, 1130, Carey Gym	Movie at Casey Library 1600, Casey Library	Aroma Healing Group Pilates, 1130, Carey Gym	Texas Hold'em 1800, Impact Zone	White Water Rafting 0700, ODR
	Labor Day Table Tennis Tournament, 1300, Casey CAC	English Language Class 1700-1800, Casey CAC	Special Bowling for KATUSA 1100-2200, Casey Lanes	8 Ball Tournament 1800, Hovey CAC	Moonlight Bowling 1900, Casey & Hovey Lanes	Incheon Chinatown & Yeongjong Seaside Rail
	Pizza Night 1700-1900, Impact Zone	Chess & Darts Tournament 1800, Hovey CAC	English Language Class 1700-1800, Casey CAC			Off-Post Ville Clean-Up
	Red Pin Bowling 1800-2100, Hovey Lanes		Table Tennis Tournament 1800, Hovey CAC			Korean Language Class 1400-1500, Casey CAC
	Video Game Tournament 1800, Hovey CAC		<u></u>	<u></u>		
7	8	9	10	11	12	13
Area I BOSS Painting	Pizza Night	Aroma Healing Group	Special Bowling for KATUSA	PBA & PWBA Pro	PBA & PWBA Pro	Seoul Grand Park Zoo Tour
1500-1700, Casey CAC	1700-1900, Impact Zone Red Pin Bowling 1800-2100, Hovey Lanes	Pilates, 1130, Carey Gym Movie at Hovey Library 1500, Hovey Library	1100-2200, Casey Lanes English Language Class 1700-1800, Casey CAC	Bowling Tour: Active-Duty Unit Team Championship With	Bowling Tour: Pro Bowlers' Clinic and Pro-Am Tournament 1800, Casey Bowling Center Texas Hold'em	0900, LTS Autumn Invitational Golf Tournament
	Video Game Tournament 1800, Hovey CAC	English Language Class 1700-1800, Casey CAC	Table Tennis Tournament 1800, Hovey CAC	Pro Bowlers 1830, Casey Bowling Center		0900, Indianhead Golf Course Suicide Awareness
		Chess & Darts Tournament 1800, Hovey CAC		Aroma Healing Group Pilates, 1130, Carey Gym	1800, Impact Zone Moonlight Bowling	& Prevention 5K Run 0900, Hanson Field House
		1000, 11012) CIC		8 Ball Tournament 1800, Hovey CAC	1900, Casey & Hovey Lanes	8 Ball Pool Tournament 1300, Casey CAC
			•			9 Pin No Tap Bowling Tournament, 1300, Casey Lanes
14	15	16	17	18	19	20
	Columbus Day Soccer Tournament	Aroma Healing Group Pilates, 1130, Carey Gym	Special Bowling for KATUSA 1100-2200, Casey Lanes	Aroma Healing Group Pilates, 1130, Carey Gym	Oktoberfest 1700-2200, Lombardo Field	Bungee Jump & Sling Shot 0700, ODR
	Registration: 15 Sep - 6 Oct Pizza Night	Soldiers' Poetry Club 1730-1830, Casey Library	English Language Class 1700-1800, Casey CAC	8 Ball Tournament 1800, Iron Triangle Club	Texas Hold'em 1800, Impact Zone	Samsung Mobility Museum Tour, 0900, LTS
	1700-1900, Impact Zone Red Pin Bowling	Chess & Darts Tournament 1800, Hovey CAC	Table Tennis Tournament 1800, Hovey CAC	8 Ball Tournament 1800, Hovey CAC	Moonlight Bowling 1900, Casey & Hovey Lanes	Darts Tournament 1300, Casey CAC
	1800-2100, Hovey Lanes Video Game Tournament					Off-Post Ville Clean-Up 0800, Casey Front Gate
	1800, Hovey CAC	<u> </u>				Korean Language Class 1400-1500, Casey CAC
21	22	23	24	25	26	27
Area I BOSS Painting	Pizza Night	Aroma Healing Group	Newcomers Orientation	Newcomers Orientation	Texas Hold'em	Seoul City Tour
1500-1700, Casey CAC	1700-1900, Impact Zone Red Pin Bowling	Pilates, 1130, Carey Gym English Language Class	0900-1600, Multi-Purpose Complex	Experience Korean Culture 0800-1700	1800, Impact Zone Moonlight Bowling	0800, LTS Archery Tag Tournament
	1800-2100, Hovey Lanes Video Game Tournament 1800, Hovey CAC	1700-1800, Casey CAC Chess & Darts Tournament 1800, Hovey CAC	English Language Class 1700-1800, Casey CAC Table Tennis Tournament	Aroma Healing Group Pilates, 1130, Carey Gym Soldier's Book Club	1900, Casey & Hovey Lanes	1000, ODR Fun Park 8 Ball Tournament
	1000, HOVEY CAC	1000, Hovey CAC	1800, Hovey CAC	1730-1830, Casey Library 8 Ball Tournament	•	Off-Post Ville Clean-Up 0800, Casey Front Gate
				1800, Hovey CAC		9 Pin No Tap Bowling Tournament, 1300, Hovey Lanes
28	29	30				
	Pizza Night 1700-1900, Impact Zone	Aroma Healing Group Pilates, 1130, Carey Gym				
	Dad Din Pauling	English Language Class				

Red Pin Bowling 1800-2100, Hovey Lanes

1800, Hovey CAC

Video Game Tournament

English Language Class 1700-1800, Casey CAC

1800, Hovey CAC

Chess & Darts Tournament

Special Event Legend: Casey Buccaneer Bowl: Casey Lanes
Outdoor Recreation Center: ODR Leisure Travel Services: LTS Army Community Service: ACS
Casey Community Activity Center: CAC
Hovey Iron Triangle Club: IT Club

IMPACT ZONE

BLDG S-2540

Office: **722-4627 / 4628 / 4783**Take-Out: **722-0395 / 0396 / 0397**

Delivery: 010-7673-6499 / 010-7675-6499

050-3322-0395 / 0396 / 0397



Acting Manager **Kim, Chong Mi** chong.m.kim13.ln@army.mil







Hours of Operation

Snack Bar

Sunday - Thursday: 1100-2300 Friday - Saturday & Holidays: 1100-2400

Bar

Sunday - Thursday: 1700-2300

Friday - Saturday & Holidays: 1700-2400

Game Room

Sunday - Thursday: 1000-2300 Friday & Saturday: 1000-2400

Delivery

Sunday - Thursday: 1100-2300 Friday & Saturday: 1100-2400

*Last order is 30 minutes before closing.



PPZZANICHT

Mondays, 1700 - 1900
Only \$2 per slice of pizza
with the purchase of a drink.
* Take-Out not available.





Texas Hold'em

Fridays, 1800-2200

Fee: \$20 for every buy-in, re-buy & add-on

Prize: Gift Card



IRON TRIANGLE CLUB

BIDG S-3974

Office 722-4650/4651 Take-Out / Delivery Cell 010-5747-4650





Stephen W. Thompson stephen.w.thompson44.naf@ army.mil



Kwon, Song Mi songmi.kwon.ln@army.mil



Hours of Operation

Dining

Sunday: 1700-2230

Tuesday - Thursday: 1100-2230

Friday: 1100-2400 Saturday: 1700-2400 Monday: Closed

* Last order is 30 minutes before closing.

Sunday & Tuesday - Thursday: 1700-2200 Friday & Saturday: 1700-2400

Monday: Closed

Delivery

Sunday: 1700-2200

Tuesday - Thursday: 1100-2200

Friday: 1100-2330 Saturday: 1700-2330 Monday: Closed

Game Room

Sunday: 1700-2200

Tuesday - Thursday: 1100-2200

Friday: 1100-2400 Saturday: 1700-2400 Monday: Closed

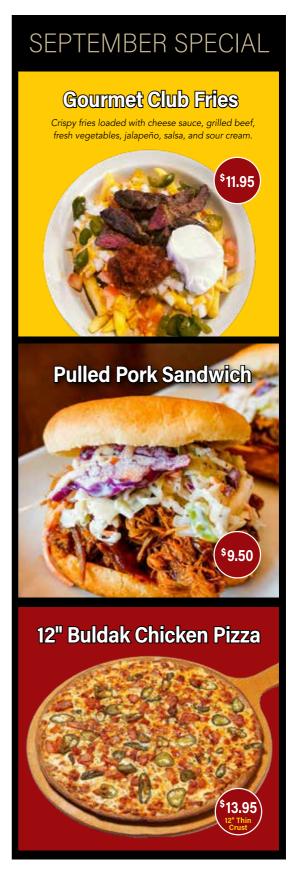
8 Ball Pool Tournament

Thursday, 18 September, 1800

- Open to all DoD ID cardholders and KATUSAs.
- All participants must be at least 18 years old or older.
- Check in with the tournament director on the day of the tournament.
- Sign-up begins at 1730.
- The tournament will be conducted according to BCA rules of play.

1st Place Prize: \$25 Gift Card (Competition with 8 players to win)

2nd Place Prize: \$10 Meal Coupon



Warrior's Club THUNDER FOOD PARK



Same Flavor. Same Service. Just Steps Away.

Your favorite Warrior's Club flavors and friendly service are now at Thunder Food Park.

Hours of Operation

- Monday Friday: 0700-2200
- Saturday & Holidays: 1100-2200
- Sunday: Closed

Breakfast Available! Monday-Friday: 0700-1100



Located at the Thunder Campus Parking Lot, across from Warrior's Club

Enjoy a limited menu with unlimited taste while Warrior's Club is temporarily closed for renovations.

Fuel up at our outdoor kitchen and keep the good times rolling!

* Delivery service is unavailable during the Warrior's Club renovation.







For more information, call DSN 722-4604 or from cell 050-3322-4604.

USAG YONGSAN-CASEY FAMILY & MWR

OKTOBERFEST

FRIDAY, 19 SEPTEMBER, 1700-2200 CASEY LOMBARDO FIELD

(NEXT TO THE CAREY FITNESS CENTER)

Live Band Music, German Food and Drinks Games, Prizes, Giveaways and more...!



2025 Oktoberfest Souvenir Cups Available for purchase











GRAND PRIZES

PRIZE DRAWINGS HELD
BETWEEN EVENTS!
MUST BE PRESENT TO WIN!







55" Smart TV

Apple AirPods JBL Bluetooth Speaker

For more information, call DSN 722-4626 or from cell 050-3322-4626

INDIANHEAD GOLF COURSE

BLDG S-650

Tee Time Booking and Dining Area Reservations

DSN 722-0381 Cell 050-3322-0381

* Soldiers have Tee Time Booking priority.

Office **722-4623 / 4624**

Pro Shop 722-0381

Dining Orders for Take-Out and Delivery

010-7707-8192/010-7707-6382/010-8582-7597

* Dining Orders for Take-Out before 0800

050-3322-0374



Manager **Pak, Song Yong**songyong.pak.ln@army.mil



Manager on site

Cho, Un Mi
un.m.cho.ln@army.mil



Hours of Operation

Golf Course & Pro Shop

Monday-Friday: 0700-1930 Saturday, Sunday & Holidays: 0630-1930

Dining Pin High Café
Daily: 0630-2000 Daily: 0800-2000

Delivery Service

Breakfast: 0800-1030 Lunch & Dinner: 1130-2000

- * Minimum of \$10 on all orders
- * Credit card only
- * Please scan the QR code above.



Lunch Buffet with Salad Bar & Drink

Monday - Friday: 1130 - 1300 Excluding U.S./Training Holidays

\$11.95

Monday Italian Feast
Tuesday Southern Comforts
Wednesday German Style
Thursday Tex-Mex

Friday American Homestyle

- * Lunch buffet always includes the salad bar and beverages.
- * The buffet may close early due to limited supply.

Purchase 10 Meals & Get The 11th Meal Free

Each customer will receive a coupon upon their first purchase of our food. You can receive a coupon stamp with every meal purchase. After collecting 10 stamps, you can redeem your coupon for a free meal, valued at \$11.95.

• DoD ID cardholders only.

Monthly Drawing Enter to Win a "Free Meal"

The winner will receive a free lunch buffet or breakfast meal voucher that can be used during the month. Purchase any food item, a round of golf, anything in the Pro Shop or a bucket of balls, and ensure that you receive your receipt. Write your name and phone number on the back of the receipt and drop it in the entry box at the dining room entrance.

Monday - Friday only.
 (Excludes weekends, holidays and training holidays)

Eat Lunch & Get One Free Bucket of Balls

If you have a meal voucher from the Golf Course Restaurant, you will receive one free bucket of balls.

• DoD ID cardholders only

Weekend Breakfast Buffet

Weekend: 0700-1100, \$11.95



Breakfast Menu is Available!

» Weekday: 0630-1030» Weekend: 0630-1130

"You can enjoy delicious breakfast at the Casey Golf Course Restaurant"





INDIANHEAD GOLF COURSE

BLDG S-650

Tee Time Booking and Dining Area Reservations

DSN 722-0381 Cell 050-3322-0381

* Soldiers have Tee Time Booking priority.

722-4623 / 4624 Office Pro Shop 722-0381

Dining Orders for Take-Out and Delivery

010-7707-8192/010-7707-6382/010-8582-7597

* Dining Orders for Take-Out Before 0800

050-3322-0374







Manager on site Cho, Un Mi un.m.cho.ln@army.mil



Hours of Operation

Golf Course & Pro Shop

Monday-Friday: 0700-1930 Saturday, Sunday & Holidays: 0630-1930

Dining Pin High Café Daily: 0630-2000 Daily: 0800-2000

Delivery Service

Breakfast: 0800-1030 Lunch & Dinner: 1130-2000

- * Minimum of \$10 on all orders
- * Credit card only
- * Please scan the QR code above.

SPECIAL TEAM PACKAGE

Get one green fee free when you play as a team of four, including three guests.



SEPTEMBER SPECIALS

NEW GOLF MEMBERSHIP SPECIAL

- 1. All new members in September receive 5 Free Driving Range Coupons!
- 2. Choose the plan that fits your needs:
 - Basic Plan (Bring Your Own Clubs)
 - E5 and Below: \$60/month
 - F6 and Above: \$90/month
 - Rental Plan (Includes Club Rental)
 - E5 and Below: \$100/month - E6 and Above: \$150/month
- * U.S. Active-Duty Soldiers only





September Winner with 12 Stamps

- Play golf any day in September to receive stamps. (Once per day)
- Players with 12 stamps will receive a prize.
- Prizes: 10 large buckets of balls, 10 club rentals, or 10 cart rentals
- * DoD ID cardholders only



INDIANHEAD GOLF COURSE LATEST BRAND MERCHANDISE

YOURS NOW!

PRO SHOP: DSN 722-0381



UNDER ARMOUR INDIANHEAD GOLF COURSE LOGO SHIRTS



TITLEIST INDIANHEAD GOLF COURSE LOGO BALLS





VOLVIK MARVEL GIFT SET



PUMA INDIANHEAD GOLF COURSE LOGO CAPS



INSULATED BOTTLES



STAINLESS STEEL TUMBLERS



VOLVIK X MARVEL HERO VIVID GOLF BALL 5 PCS PACK

INDIANHEAD GOLF COURSE

INDOOR GOLF SIMULATOR

For more information, call DSN 722-0381 or from Cell 050-3322-0381.

- Precision Golf Simulation
- Swing Analysis for Improvement
- 18 Holes (Max 4 People)
- Free Club Rental
- Reservation Required

THE POINT OF THE P

CASEY BOWLING CENTER

BLDG S-3014

BUCCANEER BOWL

Office 722-4622







Manager on site Kim, Tae Yong taeyong.kim11.ln@army.mil

Hours of Operation

Lanes, Bar, Snack & Game Room

Sunday, Monday, Wednesday & Thursday: 1100-2200 Friday - Saturday & Holidays: 1100-2400 Tuesday: Closed

* Last order is 30 minutes before closing. Cocktail menu is available at the Bar.

Special Bowling for KATUSAs

Wednesdays, 1100 - 2200 Bowl for \$2 per game!

Moonlight Bowling

Fridays & Saturdays, 1900 - 2300

SCORE 200 pts & Get Two Games Free

Casey Buccaneer Bowl Once Per Day





- One hour of bowling (1 Lane)
- Shoe rentals included.
- One 14" pizza with a pitcher of beer



Bowl for \$2 per game!



Saturday, 13 September, 1300-1700

- Entry Fee: \$20
- Minimum of 8 participants





HOVEY BOWLING CENTER

BLDG S-3823

Office 722-4649







Manager on site

Pak, Pyong Kuk

pyongkuk.pak2.ln@army.mil

Hours of Operation

Lanes & Snack Bar

Sunday - Monday, Thursday 1100-2100 Friday - Saturday: 1100-2300 Tuesday & Wednesday: Closed

* Last order is 30 minutes before closing.



Monday, 1 September, 1300-1700

Bowl a strike when the RED PIN is at the #1 position and win a FREE game!

Moonlight Bowling

Fridays & Saturdays, 1900 - 2200

Bowl Two Games FREE

Weekdays, 1100 - 1300

Buy any combo meal at the snack bar and get two free games.

- Excludes U.S. / Training Holidays.
- Shoe rentals not included.
- Open to all DoD ID cardholders / KATUSAs.

SCORE **200** pts & Get Two Games Free

Hovey Bowling Center

Once Per Day





Mondays, 1800 - 2100

Bowl a strike when the RED PIN is at the #1 position and win a FREE game!



- One hour of bowling (1 Lane)
- Shoe rentals included.
- One 14" pizza with soda

9 Pin No Tap Zowling Townament

Saturday, 27 September, 1300-1700

Entry Fee: \$20

- Minimum of 8 participants
- Automatic strike when 9 or more pins are knocked down on the first ball.
- Prize: Gift Certificates



PBA & PWBA Pro Bowling Tour

Featuring Sean Rash

Stephanie Zavala

Clinic • Pro-Am Tournament • Active-Duty Unit Team Championship 11-12 September | Casey Bowling Center



Active-Duty Unit Team Championship With Pro Bowlers

Thursday, 11 September, 1830

- Open to Active-Duty Soldiers only
- Teams consist of 3 bowlers from the same unit
- Each team bowls 3 games
- PBA Pro Sean Rash and PWBA Star Stephanie Zavala will rotate between lanes
- Championship Trophy awarded to the top scoring team



Pro Bowlers' Clinic

Friday, 12 September, 1800

- Receive on-lane instruction from Sean Rash & Stephanie Zavala
- Free for all attendees







Pro-Am Tournament

Friday, 12 September, 2000

- Bowl 3 games with the Pros
- Entry Fee: \$15 per person
- Prizes awarded at the end of the tournament

For more information, call DSN 722-4622/4626 or from Cell 050-3322-4622/4626.







Wednesday Night Trios Bowling League

Forming Now - Sign Up Today!

League Begins: Wednesday, 1 October @ 1800
Casey Bowling Center

- League runs for 10 weeks
- Three (3) person teams
- Stop by Casey Bowling Center to register your team

For more information, call DSN 722-4622 or from Cell 050-3322-4622.

USAG Yongsan-Casey Family & MWR

Photo Highlights

AFE Brings The Laughter

12 August, Impact Zone





















Active-Duty Appreciation Luncheon

20 August, Iron Triangle Club











Casey CAC, Pool Party 28 June













Boryeong Mud Festival

26 July























USAG YONGSAN-CASEY

SPORTS, FITNESS & AQUATICS FACILITIES



Chief of Sports, Fitness & Aquatics Dion Jordan

Carey Fitness Center, Bldg S-1715 722-4638 / 010-3212-5406 dion.jordan2.naf@army.mil



Intramural Coordinator Yi, Sung Tok

Carey Fitness Center, Bldg S-1715 722-4637 / 010-9025-9956 sungtok.yi.ln@army.mil





Free WiFi at all Facilities

Carey Fitness Center & Hovey Fitness Center



24-HOUR ACCESS

Register at any time during staffed hours.

- Staffed Hours: 7 days a week, 0500-2100 (Including U.S. / Training Holidays)
- Unstaffed Hours: 2100-0500

Customers must complete the following requirements:

- Liability Waiver
- Rectrac / Card Reader Registration



CASEY CAREY FITNESS CENTER BLDG S-1715 722-1379/4636

Manager Chong, In Chol inchol.chong2.ln@army.mil



HOVEY FITNESS CENTER BLDG S-3415 722-1376

Yi, Kwan Kyong kwankyong.yi2.ln@army.mil



Ko, Chong Son chongson.ko3.ln@army.mil

CASEY HANSON FIELD HOUSE BLDG S-3015

722-0310 / 722-4640

- Mon-Fri: 0500-2100
- Sat, Sun & U.S./Trg Hols: 0900-2000

CASEY HEALTH & HUMAN PERFORMANCE CENTER (HHPC) **BLDG S-3030**

722-0310 / 722-4640

- Mon-Fri: 0500-2100
- Sat, Sun & U.S./Trg Hols: 0900-2000



Ko, Min Kang minkang.ko.ln@army.mil

HOVEY INDOOR SWIMMING POOL BLDG S-3414

722-0723 / 722-4655

- Mon Fri: 0630-1400
- Sat, U.S./KN/Trg Hols: 0900-1700
- Sun: Closed

CASEY HANSON OUTDOOR SWIMMING POOL BLDG S-3034

722-0223 / 722-0310

- Wed Mon: 1200 2000
- Tuesday: Closed (Except on U.S./Trg Hols)



Cha, Kwang Cho

CAMP BONIFAS FITNESS CENTER BLDG S-122

722-4668

- Mon Fri: 0800-1630
- Sat & Sun: Closed



Song, Hyon Kyong

WARRIOR BASE FITNESS CENTER BLDG S-219

- Mon Fri: 0800-1630
- Sat & Sun: Closed



Yim, Wan Ok wan.o.yim.ln@army.mil

RODRIGUEZ LIVE FIRE COMPLEX FITNESS CENTER BLDG S-1347

722-1579

- Mon-Fri: 0800-1700
- Sat & Sun: Closed

SPORTS•FITNESS•AQUATICS



2025 CALENDAR

USAG YONGSAN-CASEY

UNIT LEVEL SPORTS PROGRAMS

SPORTS	SIGN-UP DEADLINE		COACHES MEETING		LEAGUES AND CHAMPIONSHIPS		
	DATE	LOCATION	DATE	LOCATION	DATE	LOCATION	
BASKETBALL (WINTER)	4 - 25 NOV 24	FITNESS CENTERS	26 NOV 24 @ 1200 HRS	CAREY PFC	9 DEC 24 - 14 FEB 25	CAREY FITNESS CENTER	
VOLLEYBALL	3 - 24 FEB	FITNESS CENTERS	25 FEB @ 1200 HRS	CAREY PFC	10 MAR - 25 APR	CAREY FITNESS CENTER	
SOFTBALL	17 MAR-21 APR	FITNESS CENTERS	22 APR @ 1200 HRS	CAREY PFC	7 MAY - 18 JUL	LOMBARDO FIELD	
BASKETBALL (SUMMER)	12 MAY-16 JUN	FITNESS CENTERS	17 JUN @ 1200 HRS	CAREY PFC	30 JUN - 14 AUG	CAREY FITNESS CENTER	
SOCCER	21 JUL-18 AUG	FITNESS CENTERS	22 AUG @ 1200 HRS	CAREY PFC	27 AUG - 18 OCT	SCHOONOVER BOWL	
FLAG FOOTBALL	28 JUL-25 AUG	FITNESS CENTERS	26 AUG @ 1200 HRS	CAREY PFC	9 SEP - 8 NOV	LOMBARDO FIELD	

INDIVIDUAL SPORTS/FITNESS/AQUATICS PROGRAMS

		·		
EVENT	DATE	REGISTRATION TIME	START TIME	LOCATION
10K FUN RUN	8 MARCH	0800 HRS	0900 HRS	HANSON FIELD HOUSE
BATAAN DEATH MARCH MEMORIAL	29 MARCH	0800 HRS	0900 HRS	HANSON FIELD HOUSE
CHILD ABUSE PREVENTION 5K RUN	12 APRIL	0800 HRS	0900 HRS	HANSON FIELD HOUSE
SEXUAL ASSAULT AWARENESS & PREVENTION 5K (RUN/RUCK)	26 APRIL	0800 HRS	0900 HRS	HANSON FIELD HOUSE
HALF MARATHON / 10K RUN	10 MAY	0700 HRS	0800 HRS	HANSON FIELD HOUSE
MEMORIAL DAY 5K RUN	23 MAY	0800 HRS	0900 HRS	HANSON FIELD HOUSE
ARMY BIRTHDAY 5K RUN (FORMATION RUN)	13 JUNE	0530 HRS	0630 HRS	CAREY FITNESS CENTER
SUICIDE AWARENESS & PREVENTION 5K RUN	13 SEPTEMBER	0800 HRS	0900 HRS	HANSON FIELD HOUSE
DOMESTIC VIOLENCE AWARENESS 5K RUN	18 OCTOBER	0800 HRS	0900 HRS	HANSON FIELD HOUSE
3K GLOW RUN	1 NOVEMBER	1800 HRS	1900 HRS	HANSON FIELD HOUSE
THANKSGIVING TURKEY TROT 5K RUN	27 NOVEMBER	0800 HRS	0900 HRS	HANSON FIELD HOUSE
JINGLE BELL 5K RUN	13 DECEMBER	0900 HRS	1000 HRS	HANSON FIELD HOUSE

UNIT LEVEL HOLIDAY INVITATIONAL TOURNAMENTS

SPORTS	EVENT	SIGN-UP	COACHES/PLAYER MEETING		TOURNAMENT	LOCATION
			DATE	LOCATION	DATE	LOCATION
BASKETBALL	MARTIN L. KING JR. BIRTHDAY	16 DEC 24 - 13 JAN 25	14 JAN @ 1200 HRS	CAREY FITNESS CENTER	17 - 19 JAN	CAREY FITNESS CENTER
SOFTBALL	MEMORIAL DAY	28 APR - 19 MAY	20 MAY @ 1200 HRS	CAREY FITNESS CENTER	23 - 25 MAY	LOMBARDO FIELD
SOFTBALL	INDEPENDENCE DAY	2 - 30 JUN	1 JUL @ 1200 HRS	CAREY FITNESS CENTER	3 - 5 JUL	LOMBARDO FIELD
FLAG FOOTBALL	LABOR DAY	1 - 25 AUG	26 AUG @ 1200 HRS	CAREY FITNESS CENTER	30 AUG - 1 SEP	LOMBARDO FIELD
SOCCER	COLUMBUS DAY	15 SEP - 6 OCT	7 OCT @ 1200 HRS	CAREY FITNESS CENTER	11 - 13 OCT	SCHOONOVER BOWL FIELD
BASKETBALL	THANKSGIVING DAY	18 NOV	19 NOV @ 1200 HRS	CAREY FITNESS CENTER	23 - 26 NOV	CAREY FITNESS CENTER
BASKETBALL	CHRISTMAS HOLIDAY	17 NOV - 15 DEC	16 DEC @ 1200 HRS	CAREY FITNESS CENTER	22 - 27 DEC	CAREY FITNESS CENTER

FOR MORE INFORMATION, CONTACT:

Mr. Jordan, Dion
Chief, Sports/Fitness/Aquatics @ 722-4638 (010-3212-5406)
Email: dion.jordan2.naf@army.mil

Mr. Yi, Sung Tok Intramural Program Coordinator @ 722-4637 (010-9025-9956) Email: sungtok.yi.ln@army.mil

CASEY

HOVEY / BONIFAS / WARRIOR BASE / RLFC

Carey Fitness Center: 722-4636/1379 Hanson Field House: 722-4640/0310 Hanson Outdoor Swimming Pool: 722-0223/0310 Health & Human Performance Center: 722-4640/0310 Hovey Fitness Center: 722-1376

Hovey Indoor Swimming Pool: 722-0723/4655

Bonifas Fitness Center: 722-4668

Warrior Base Fitness Center: 82-10-9832-0562

Rodriguez Live Fire Complex: 722-1579





SUICIDE AWARENESS & PREVENTION 5K RUN

Saturday, 13 September at Hanson Field House Registration: 0800-0845 / Event Starts: 0900

- Men's & Women's Division: Open / Sub Masters / Masters / Senior Masters
- Awards will be presented to 1st, 2nd and 3rd places.

For more information, please contact:

Mr. Dion Jordan @ DSN 722-4638, email: dion.jordan2.naf@army.mil Mr. Yi, Sung Tok @ DSN 722-4637 or from cell 010-9025-9956, email: sungtok.vi.ln@army.mil



SOCCER TOURNAMENT



11-13 October @ Schoonover Bowl Field

Registration: 15 September - 6 October

- \bullet Sign-up for Coaches may be done at any Fitness Center's Customer Service Counter.
 - Coaches Meeting: 7 October, 1200 @ Carey Fitness Center

For more information, please contact:

Mr. Dion Jordan @ DSN 722-4638, email: dion.jordan2.naf@army.mil
Mr. Yi, Sung Tok @ DSN 722-4637 or from cell 010-9025-9956, email: sungtok.yi.ln@army.mil



DOMESTIC VIOLENCE AWARENESS MONTH

5KRUN

18 October, 0900 @ Hanson Field House

Registration: 0800-0845 / Event Starts: 0900

- Men's & Women's Division: Open / Sub Masters / Masters / Senior Masters
- Awards will be presented to 1st, 2nd and 3rd places.

For more information, please contact:

Mr. Dion Jordan @ DSN 722-4638, email: dion.jordan2.naf@army.mil Mr. Yi, Sung Tok @ DSN 722-4637 or from cell 010-9025-9956, email: sungtok.yi.ln@army.mil



Stretch, Breathe, and Heal!

AROMA HEALING GROUP PILATES

— Where Wellness Meets Strength!



Tuesdays & Thursdays
1130-1215 (45 min session)

Carey Fitness Center Aerobic Room

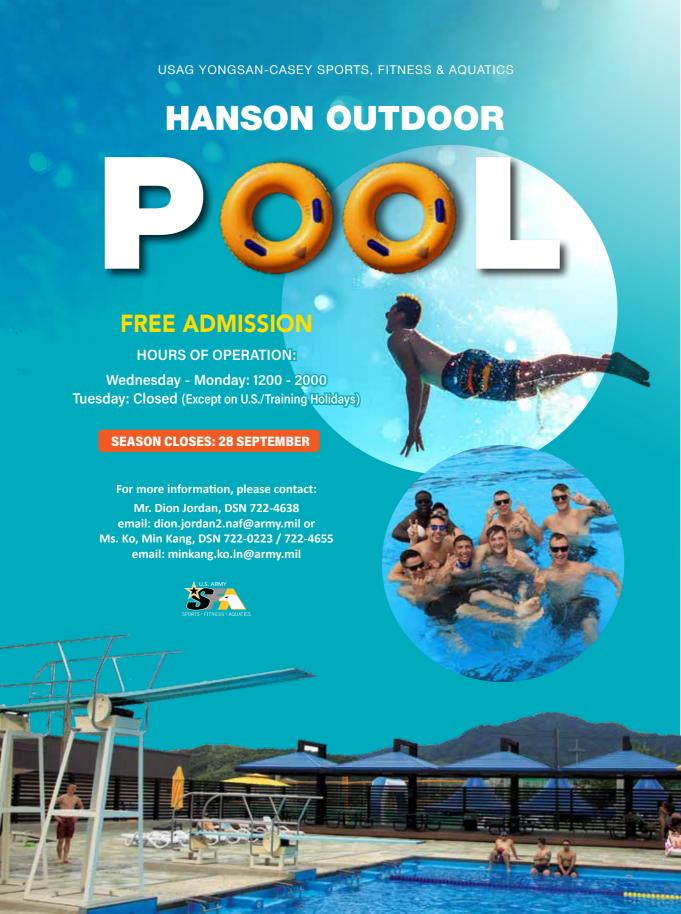
- Cost: \$80 per month (8 classes)

 Subject to change based on the number of classes scheduled per month.
- Minimum 5 & Maximum 12 sign-ups required.
- Please sign up and make payment at MWR Leisure Travel Services (Bldg. S-2236).
- Both U.S. and KN employees can use one hour of CFHPP per session, up to 80 hours per year, with the approval of their supervisor.

For more information, please contact:

Mr. Chong Sang Nae, Leisure Travel Services, DSN 722-4645, email: sangnae.chong.ln@army.mil Mr. Dion Jordan, DSN 722-4638, email: dion.jordan2.naf@army.mil







TAE KWON DO INSTRUCTION PROGRAM

Carey Fitness Center, Bldg. 1715
Mondays, Wednesdays & Thursdays: 1830-2000

* Classes will be conducted on U.S./Training Holidays



Taekwondo is an ancient Korean martial art. But the sport is not just about kicking and punching. Taekwondo offers several advantages to anyone considering taking up a sport or hobby.

Build self-esteem by heightening your physical and mental powers. Boost your self-confidence with encouragement to succeed and take control of your life. Develop discipline by thoroughly training your body and mind in the tenets and techniques of Taekwondo.







For more information, please contact Mr. Yi, Sung Tok at DSN 722-4637 or from cell 050-3322-4637 / 010-9025-9956 email: sungtok.yi.ln@army.mil



USAG Yongsan-Casey Family and MWR



Hours of Operation Tue-Sat: 0900-1800 Sun & Mon: Closed



Program Activity Manager Chong, Sang Nae

For more information, please contact MWR Leisure Travel Services DSN 722-4645 or from Cell 010-2684-2960 / 050-3322-4645. Email: sangnae.chong.ln@army.mil

Upcoming Tour Schedules

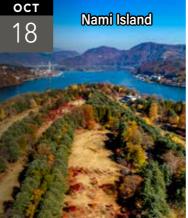
DATE		EVENT			
	4	Lotte Tower Sky Bridge Adventure			
	11	Gyeongbok Palace & Insadong			
October	13	Everland Amusement Park			
	18	Nami Island			
	25	2025 Icheon Rice Festival			
	1	Yongin Folk Village			
	11	IKEA & Paju Shopping Mall			
November	22	Lotte World Tower Observatory & Aquarium			
	27	Humphreys & Osan Shopping			
December	13	Incheon City Tour			
	20	Everland Amusement Park (Christmas Season)			
	23	Seoul Land Light Festival-Luna Park (Winter Season)			

^{*} Schedule is subject to change.











LEISURE TRAVEL SERVICES

UNIT/GROUP **TOURS**

Is your unit or group looking to set up a tour? Our MWR Leisure Travel Services office can help you get started. We have years of experience coordinating numerous unit/group tours with recommendations for those who are new. We will help you on your next team-building adventure in Korea!

SPRING

- Everland Amusement Park
- Korean Folk Village
- Seoul Grand Park Zoo
- Seoul Land Amusement Park
- Nami Island (All-seasons)

SUMMER

- Caribbean Bay **Water Park**
- Lotte World Tower Observatory
- Han River Ferry Cruise

LOCAL SPECIAL EVENTS

- Hwacheon Ice Festival
- · Boryeong Mud Festival
- Gwangmyeong Wine Festival
- Yeoju Ceramic Festival
- Icheon Rice Festival







- Hantan River Trekking & Water Bridge Walk
- Lotte World Amusement Park & Aquarium
- Indoor Sports Monster **SMOB**
- Ice Fishing

AUTUMN

- Lotte Tower Sky Bridge Adventure
- Everland Amusement Park
- Gyeongbok Palace

EXHIBITS

- The War Memorial of Korea
- Seoul Palace and Museum
- Seoul N Tower Observatory
- Incheon Landing Operation **Memorial Hall**

For more information:

- MWR Leisure Travel Services: DSN 722-4645
- Hovey CAC: DSN 722-4656
- Cell: 010-2684-2960 / 050-3322-4645
- · Email: sangnae.chong.ln@army.mil

USAG Yongsan-Casey Family & MWR Tour to



Monday, 1 September

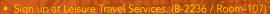
Sign-up Deadline: 29 August

Cost: \$45 - Round-Trip Transportation

& Admission Fee

T-EXPRESS

Experience the excitement of South Korea's most popular amusement park, Everland! This vast theme park offers thrilling rides, fun attractions, and scenic landscapes for visitors of all ages. Explore the beautifully landscaped gardens, meet animals at the zoo, and take part in exhilarating rides and attractions like the T-Express, the steepest wooden rollercoaster in the world. With shows, parades, and seasonal festivals, Everland guarantees an unforgettable adventure!



- Please bring your own lunch or Korean Won for food/snacks
- Minimum 15 & Maximum 35 sign-ups required.
- Bus Schedule: Hovey CAC 0800 / Casey CAC 0815
- * All participants must ride the MWR-provided bus. Subject to change without notice.



INCHEON CHINATOWN & YEONGJONG SEASIDE RAIL BIKE

Saturday, 6 September

Sign-up Deadline: 3 September

Cost: \$40 - Round-Trip Transportation & Admission Fee

Incheon Chinatown - Discover a vibrant mix of flavors, sights, and experiences. Savor authentic Chinese cuisine and all-you-can-eat grilled clams, explore unique photo zones and sculptures, and stroll through nature parks rich in historical heritage. Take a cruise across the West Sea and enjoy scenic coastal rail bike rides.

Yeongjongdo Seaside Rail Bike - Feel the cool ocean breeze as you pedal along the track with breathtaking views of the West Sea, Incheon Bridge, and even a man-made waterfall. Whether you're visiting with friends, family, or a loved one, it's the perfect way to soak in the seaside scenery while enjoying the great outdoors.

- Sign up at Leisure Travel Services. (B-2236 / Room-107)
- Please bring your own lunch or Korean Won for food/snacks.
- Minimum 15 & Maximum 35 sign-ups required.
- Bus Schedule: Hovey CAC 0900 / Casey CAC 0915
- * All participants must ride the MWR-provided bus.
- * Subject to change without notice.

- MWR Leisure Travel Services: DSN 722-4645
- Hovev CAC: DSN 722-4656
- Cell: 010-2684-2960 / 050-3322-4645
- · Email: sangnae.chong.ln@army.mil









USAG Yongsan-Casey Family & MWR Tour to

SEOUL GRAND PARK



Saturday, 13 September

Sign-up Deadline: 10 September

Cost: \$40 - Round-Trip Transportation & Admission Fee

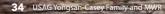
Experience the wonder of wildlife at Seoul Grand Park Zoo. Home to a diverse range of animals from around the world, you can encounter majestic lions, giraffes, and elephants from Africa, watch exotic birds from every continent, and admire the intelligence of dolphins. Don't miss the chance to see rare and endangered species like the Western lowland gorilla. Seoul Zoo offers a unique and immersive experience for animal lovers of all ages.

- Sign up at Leisure Travel Services. (B-2236 / Room-107)
- Please bring your own lunch or Korean Won for food/snacks.
- Minimum 15 & Maximum 35 sign-ups required.
- Bus Schedule: Hovey CAC 0900 / Casey CAC 0915
- All participants must ride the MWR-provided bus. Subject to change without notice.

- MWR Leisure Travel Services: DSN 722-4645
- Hovey CAC: DSN 722-4656
- Cell: 010-2684-2960 / 050-3322-4645
- · Email: sangnae.chong.ln@army.mil









Samsung MOBILITY MUSEUM

Saturday, 20 September

Sign-up Deadline: 17 September







Cost: \$35 - Round-Trip Transportation & Admission Fee

Samsung Mobility Museum – Korea's first automobile museum – is located near Everland and serves as a traffic safety learning space for all visitors. The museum showcases more than 700 world-class exhibits, including 50 cars, 15 motorcycles, bicycles, horse-drawn carriages, and other transportation-related items such as vehicle prototypes, parts, hood ornaments, souvenirs, and artwork. Visitors can also enjoy various hands-on programs that promote transportation safety.

Automobile Experience World – An interactive exhibition area where visitors can explore the inner workings of cars, discover how different components function, and learn how they are serviced and maintained.

- Sign up at Casey Leisure Travel Services. (B-2236 / Room-107).
- Please bring Korean won for souvenirs and lunch or snacks.
- Minimum 15 & maximum 35 sign-ups required.
- Bus Schedule: Hovey CAC Parking Lot 0900 / Casey CAC 0915
- * All participants must ride the MWR-provided bus.
- * Subject to change without notice.

- MWR Leisure Travel Services: DSN 722-4645
- Cell: 010-2684-2960 / 050-3322-4645
- Hovey CAC: DSN 722-4656
- · Email: sangnae.chong.ln@army.mil



SEOUL

CITY TOUR

DOUBLE-DECKER BUS & NAMSANGOL HANOK VILLAGE

Saturday, 27 September

Sign-up Deadline: 24 September

Seoul City Tour Bus is a shuttle bus that covers the most popular attractions around Seoul. It is a great opportunity to enjoy both ancient and modern history and learn from the experience through a professional audio tour, which is available in 12 languages. You will also get the chance to enjoy some shopping and try out delicious local Korean food.



Cost: \$40 - Round-Trip Transportation & City Tour Bus Fee

- Sign up at Leisure Travel Services. (B-2236 / Room-107)
- Please bring your own lunch or Korean Won for food/snacks.
- Minimum 15 & Maximum 35 sign-ups required.
- Bus Schedule: Hovey CAC 0800 / Casey CAC 0815
- * All participants must ride the MWR-provided bus.
- * Subject to change without notice.

- MWR Leisure Travel Services: DSN 722-4645
- Hovey CAC: DSN 722-4656
- Cell: 010-2684-2960 / 050-3322-4645
- · Email: sangnae.chong.ln@army.mil







OUTDOOR RECREATION

BLDG S-2236

Office 722-4642 / 4643







Jim Williams james.a.williams226.naf@army.mil

Hours of Operation

Tuesday - Saturday: 0900 - 1800 Sunday & Monday: Closed



BIKE RENTAL

Outdoor Recreation offers a special on bike rentals for all DoD ID cardholders.

One Day: \$15 One Week: \$35 One Month: \$55



Outdoor Recreation Upcoming Programs Calendar

DAT	ΓE	EVENT						
ост	11	ATV & Fishing						
UCI	25	Hiking Mt. Myungsung						
	8	Deep Sea Fishing						
NOV	22	Hiking Mt. Bukhan National Park						
DEC	6	3 vs 3 Paintball & Archery Tournament						
	20	Bungee Jump & Sling Shot						

Picnic Pavilion Reservations

Make reservations through Outdoor Recreation to use the following picnic pavilions:

- Across from Outdoor Swimming Pool (S-3012)
- Across from Movie Theater (S-1884)
- Behind Lombardo Field / Education Center (S-1755)

Rental Service * Please make reservations at least 3 business days in advance.

CHAIRS/TABLES	Per Day			
Folding Chairs (White Plastic)	Each	\$1		
Folding Tables (36x72)	Each	\$5		
CANOPY/MONGOLIAN	Per	Day		
Canopy 10x10	Each	\$20		
Canopy 10x20	Each	\$25		
Canopy 16x16 (Mongolian) - Blue Top	Each	\$50		
Canopy 20x20 (Mongolian) - White Top	Each	\$60		
Canopy Assembly Fee	Each	\$30		
17 7		•		
GAMES	Per	Day		
	Per Each	Day \$10		
GAMES				
GAMES Washer Toss Set	Each	\$10		
GAMES Washer Toss Set Metal Ladderball Set	Each Each	\$10 \$10		
GAMES Washer Toss Set Metal Ladderball Set Horse Shoes Set	Each Each Each	\$10 \$10 \$10		
Washer Toss Set Metal Ladderball Set Horse Shoes Set Limbo Set	Each Each Each Each	\$10 \$10 \$10 \$15		
GAMES Washer Toss Set Metal Ladderball Set Horse Shoes Set Limbo Set Disc Golf Set	Each Each Each Each Each Each	\$10 \$10 \$10 \$15 \$15		
GAMES Washer Toss Set Metal Ladderball Set Horse Shoes Set Limbo Set Disc Golf Set Corn Hole Sets	Each Each Each Each Each Each	\$10 \$10 \$10 \$15 \$15 \$20		

Camping Lantern	Each	\$8
Hiking Backpack	Each	\$10
Sleeping Bags	Each	\$10
Camping Tent (2 Person)	Each	\$10
Camping Tent (3 Person)	Each	\$15
Camping Tent (8 Person)	Each	\$20
FOOD/DRINK ITEMS	Per	Day
Ice Chest (Medium)	Each	\$6
Ice Chest (Large)	Each	\$9
BBQ Medium Round Charcoal Grill	Each	\$15
BBQ Large Charcoal Grill	Each	\$35
PA SYSTEM	Per	Day
Speakers		
Mackie Powered Speaker	Each	\$30
PRX 800 Hi-Mid Powered	Each	\$50
PRX 800 Pwd Woofer	Each	\$50
Portable Rechargeable Speaker	Each	\$50
Mixer		
Yamaha 12 Channel	Each	\$40
Mackie 16 Channel	Each	\$40

Wireless System			
Shure Wireless System w/ 4 Mic	Each	\$50	
Miscellaneous			
Mic Stand	Each	\$3	
Handheld Mic	Each	\$5	
Technical Labor Support	Each	\$25	
Delivery & Pick Up On Post (No Set Up)	Each	\$75	
	Per Day		
OTHER ITEMS	Per	Day	
OTHER ITEMS Mountain Bike (w/ Helmet & Lock)	Per Each	Day \$15	
Mountain Bike (w/ Helmet &			
Mountain Bike (w/ Helmet & Lock)	Each	\$15	
Mountain Bike (w/ Helmet & Lock) Podium	Each Each	\$15 \$10	
Mountain Bike (w/ Helmet & Lock) Podium Fishing Poles (\$25 Per Week)	Each Each Each	\$15 \$10 \$10	

OUTDOOR RECREATION FUN PARK

Hours of Operation

- Saturday: 1000 1630
- Tuesday Friday: Unit / Group Reservations Only

The Perfect Place for Unit Special Functions,
Warrior Adventure Quest, Unit Parties & Picnics and More...

Paintball Field

Price for Packages:

- Basic Package: \$50 per person (Includes 1 Marker, Mask, 500 Paintballs & Assorted Gear).
- Field Fee (If you have your own gear): \$10
- 500 Paintballs: \$20
- Sergeant's Time Training Discount Package: \$40
- Open to all valid DoD ID cardholders, ages 18 years and older.

Archery Range

Come on out to the Casey Archery Range and learn how to properly shoot arrows, practice, and even compete in our friendly tournaments. Beginners welcome!

- Variety of right-handed and left-handed recurve & long bows available.
- \$20 per person
- Open to all valid DoD ID cardholders, ages 18 years and older.

Axe Throwing

The ultimate Axe-perience with MWR Outdoor Recreation.

- \$10.00 per person per hour
- Open to all valid DoD ID cardholders, ages 18 years and older.

Cornhole / Mini Golf / BBQ ...



For more information, call DSN 722-4643 or from cell 050-3322-4643.



Saturday, 6 September

Sign-up Deadline: 4 September

\$45 Per Person (Includes activities, transportation and a guide.)

- Bring your own lunch or snacks, and water.
- Minimum 20 & Maximum 40 sign-ups required.
- Sign up at Casey Outdoor Recreation.
- Bus Schedule: Hovey CAC: 0700 / Casey CAC: 0715
- * All participants must ride the MWR-provided bus.
- * Subject to change without notice.

ARMY DOOR RECREATION

For more information, call DSN 722-4643 or from cell 050-3322-4643.



Experience an adrenaline rush like no other by jumping from Korea's highest Bungee Jump! (207 ft.)

USAG Yongsan-Casey Outdoor Recreation

BUNGEE JUMP & SLING SHOT

Saturday, 20 September

Sign-up Deadline: 18 September

Cost: \$80 - One-Time Bungee Jump & Sling Shot, Round-Trip Transportation and a Guide.

- Bring your own lunch or snacks and extra money for purchases at rest stops
- Minimum 20 & maximum 40 sign-ups required
- Weight limit for both activities: 225 lbs
- Sign up at Casey Outdoor Recreation.
- Bus schedule: Hovey CAC, 0700 / Casey CAC, 0715
- * All participants must ride the MWR-provided bus.
- * Subject to change without notice.

For more information, call DSN 722-4643 or from cell 050-3322-4643.





ARCHERY TOURNAMENT

Saturday, 27 September, 1000 Outdoor Recreation Fun Park

Cost: \$10 per player

Archery Tag Tournament:

√ 3-Player Teams

√ Timed Matches

√ Points for Hits (1 pt) & Catches (3 pts)

Team Registration:

9 - 20 September Outdoor Recreation Office

- Players: Teams consist of 3 players on opposing sides, separated by a Neutral Zone.
- Game Objective: Score the most points during a timed match.
- Scoring:
 - A "hit" on an opponent = 1 point
 - A "catch" (catching an opponent's arrow mid-flight) = 3 points
- Gameplay: Players remain in the game and continue playing even after being hit.



For more information, call DSN 722-4643 or from cell 050-3322-4643. 42 USAG Yongsan-Casey Family and MWR



WAQ is a Soldier training program, endorsed and funded by the Department of the Army.

It combines Soldier participation in high adventure activities with resilience training in order to teach Soldiers effective ways to cope with stress. WAQ can assist in mitigating the negative impact of high risk behaviors common among Soldiers who have recently returned from deployment. High adventure activity is tied to resilience training which enhances unit readiness by building unit cohesion.

WAQ activities are coordinated through Family and MWR Outdoor Recreation (ODR) facilities and staff. All-year-round activities include Paintball, Bungee Jump, White Water Rafting, ATV, Skiing/Snowboarding, and more.

Visit Casey Outdoor Recreation at S-2236 or call DSN 722-4642/4643 for more information.

CASEY COMMUNITY ACTIVITY CENTER

BLDG S-2236

Front **722-4644** Office 722-4647







Hours of Operation

Monday-Saturday: 0900-2100 Sunday: 1000-1900



English Language Class

Tuesdays & Wednesdays, 1700-1800

Want to improve your English communication skills? Come to the Casey CAC every Tuesday & Wednesday and learn from an American instructor.

Open to DoD ID cardholders, KN employees, and KATUSAs.

Korean Language Class

Saturdays, 1400-1500

Come by the Casey CAC every Saturday and learn how to communicate better with Koreans. Learn common phrases that will assist you during your tour in Korea.

Open to DoD ID cardholders, and family members 16 years old and above.

Daily Services

- Enjoy our music rooms at the Casey CAC. Musical instruments available for rent include acoustic & electric guitars, a drum set, and a synthesizer - all free of charge. You can also bring your own instrument and practice in our soundproof rooms.
- Play pool and ping pong for free at the CAC, every day of the week.
- We provide free WiFi and Internet at the Casey CAC. Bring your own laptops and connect with your loved ones back home.
- Enjoy playing some of the latest collection of PS5 & Xbox games at the CAC. You can also check out the collection of games you can rent from the Casey Library inside the CAC and play.

LABOR DAY Table Tennis Tournament

Saturday, 1 September, 1300-1500

- Open to U.S. ID cardholders and KATUSAs.
- All participants must be at least 16 years of age to compete.
- Registration: 1200
- Minimum 4 participants
- A \$20 gift card will be awarded to the firstplace winner.



8 Ball Pool Tournament Saturday, 13 September, 1300-1500 • Open to U.S. ID cardholders and KATUSAs. • All participants must be at least 16 years of age to compete. • This tournament will be conducted by BCA rules of play. • Registration: 1200 • Minimum 4 participants • A \$20 gift card will be awarded to the firstplace winner.



HOVEY COMMUNITY ACTIVITY CENTER

BLDG S-3974/B

Office 722-4658 Front **722-4656**



Andy Kim andy.c.kim3.naf@army.mil



Hours of Operation

Monday - Saturday: 1100 - 2000 Sunday: Closed



Weekly Tournaments



Video Game Tournament

Every Monday, 1800

Chess & Darts Tournament

Every Tuesday, 1800

Table Tennis Tournament

Every Wednesday, 1800

8 Ball Pool Tournament

Every Thursday, 1800

- Open to U.S. ID cardholders and KATUSAs.
- All participants must be at least 16 years of age to compete.
- Registration begins: 1100
- Minimum 4 participants
- A gift card will be awarded to the first-place winner.



Daily Services

Monday - Saturday: 1100 - 2000

- Free WiFi and Internet at the Hovey CAC. Bring your laptops and connect with your loved ones back home.
- Play Air Hockey, Pool and Table Tennis for free at the Hovey CAC. The center has four Pool tables for you and your friends to enjoy.
- We have Video Games (XBOX X & PS5) at the Hovey CAC. We have a collection of new games and regularly update our inventory.
- The Hovey CAC provides Tennis sets, Cornhole sets and Jokgu balls, which can be checked out if you want to play at any time.
- Sign up for FMWR tours and events at the Hovey CAC.

Better Opportunities for Single Soldiers

AREA I BOSS



BLDG S-2236, RM106

Area I & II Boss Public Email: area.i.boss@army.mil









Area I BOSS President
SPC Clark, Malcolm
DSN: 722-1018 Cell: 010-9849-6099
Email: malcolm.a.clark7.mil@army.mil



Area I BOSS Vice President SGT Johnston, Erika DSN: 722-1018 Cell: 010-7407-2542 Email: erika.m.johnston.mil@army.mil



Area I BOSS Secretary
KPFC Lee, Joo Hyung
DSN: 722-1018 Cell: 010-8687-1584
Email: Area.I.BOSS.mil@army.mil



Area I BOSS Treasurer
KPFC Min, Ji Hong
DSN: 722-1018 Cell: 010-9057-9165
Email: Area.I.BOSS.mil@army.mil



MWR BOSS Program Administrator Stanchik, Jerry DSN: 722-4603 Email: jerry.b.stanchik.naf@army.mil

Area I BOSS Representative Meeting

Casey CAC: 1st Tuesday of Every Month at 1500 Hovey CAC: 3rd Tuesday of Every Month at 1500

ELIGIBILITY: Single or Unaccompanied Soldiers and KATUSAs in Area I & II





AUTO SKILLS CENTER

Now re-opened at our original location after renovation. Come rediscover automotive excellence!



Manager on site Paek, Yong Ki

CASEY AUTO

Monday - Saturday: 0900 - 1730 Sunday & KN Holidays: Closed

Stop by our shop for all your automotive needs.

Bring your vehicle to the Auto Skills Center and see what we have to offer. Work on your own vehicle with the assistance of a professional mechanic or let us take care of it for you.

Need an Inspection?

Every Thursday from 1300 - 1800, we'll show you how to do a proper vehicle inspection. If your vehicle needs an annual inspection, we'll take \$5 off the inspection fee.

New Requirements for Annual POV Inspection:

- Warning Triangle Sign
- Fire Extinguisher





For more information, call DSN: 722-4641 or from cell 050-3322-4641.







CASEY LODGE

DSN **722-0356** COM **050-3322-0356**

BLDG S-2626 BLDG S-2601 BLDG S-2307



Priority based on duty status, not rank! COMPLIMENTARY SERVICES AVAILABLE

- Continental Breakfast
- Wi-Fi
- Washers and Dryers
- Temporary Guest Storage
- Cable TV / Telephones
- Refrigerator & Microwave Oven
 * Limited Pet Rooms Available

Email Reservations:

usarmycaseyimcom-korealistUSAG-area-1-lodging@army.mil

Online Reservations:

https://army.dodlodging.net/propertys/camp-casey-lodging

FREE Breakfast

0630 ~ 0930 (Must be a registered quest)





Lodging Manager

Jacob P. Tuuao

jacob.p.tuuao.naf@army.mil



Casey Lodge

CASEY & HOVEY LIBRARIES



Fire Station

Main Gate

https://milrec.bibliovation.com



Dr. Esther Kim esther.kim3.naf@armv.mil

CAMP CASEY BLDG S-2236

DSN 722-4634 / Cell: 050-3322-4634

Casev Library Casey CAC Casey Outdoor Recreation

MWR Leisure Travel Services

Monday-Saturday: 1000-1900 Sunday & KN Holidays: Closed



CAMP HOVFY BLDG S-3754/B

Monday-Friday: 1000-1900 Saturday, Sunday & KN Holidays: Closed



DSN 722-4653 / Cell: 050-3322-4653







FREE MOVIE

- Casey Library: Wednesday, 3 September, 1600-1800
- Hovey Library: Tuesday, 9 September, 1500-1700

Soldiers' Poetry Club

• Casey Library: Tuesday, 16 September, 1730-1830

Soldiers' Book Club

• Casey Library: Thursday, 25 September, 1730-1830





Public Library

- Active Military
- · National Guard and Reserve
- · Transitioning Military
- · Military Families
- Prepare for CLEP® and DSST® Exams
- Job & Career Accelerator
- Guided GRE® Course
- · Guided ASVAB Course
- . Guided ACT® And SAT® Courses

Learning Express: Test Prep (EBSCO): https://www.learningexpresshub.com

Online tools to help you prepare for college and advance your military career. Includes study guides and practice exams for ASVAB, CLEP, DSST, SIFT and AFOQT.

Upcoming Event



2025 Christmas Card Design Contest

1 October - 10 November 2025 Casey & Hovey Libraries

- Eligibility: Active-Duty Soldiers
- Supplies: Paint, brushes & drawing paper available for pick-up starting 1 October at both libraries

LABOR DAY

BOOKS

- Burning of the World / Scott Berg / 973.311 BER / 2023
- Dark Laboratory / Tao Goffe / 304.2809 GOF / 2025
- Emotional Labor / Rose Hackman / 155.333 HAC / 2023
- Ferryman of Memories / Deirdre Boyle / 791.4302 BOY / 2023
- Great Escape: A True Story of Forced Labor and Immigrant Dreams in America / Saket Soni / 331.1173 SON / 2023
- One Day You'll Thank Me / Cameran Eubanks-Wimberly / 306.8743 EUB / 2021
- Village / Latasha Diggs / 811.6 DIG / 2023

AUDIO-VISUAL MATERIALS

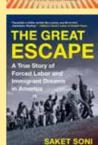
- **Dolores** / BRD 331,478 DOL
- My Well-Being / DVD 303.6 MY
- Picnic / DVD DRA PIC
- Sicilia! / BRD FOR SIC

WEBSITES: History of Labor Day



https://www.dol.gov/general/laborday/history -(20250720)





WORLD

SUICIDE PREVENTION MONTH

BOOKS

- Guns and Suicide / Michael Anestis / 362.2809 ANE / 2018
- How Not to Kill Yourself / Clancy Martin / 362.78 MAR / 2023
- Life After Suicide / Jennifer Ashton / 362.28 ASH / 2019
- Suicide Prevention / Kristine Bertini / 362.28 BER / 2016
- Understanding Suicide: A National Epidemic / Connie Goldsmith / 362.28 GOL / 2017

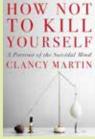
AUDIO-VISUAL MATERIALS

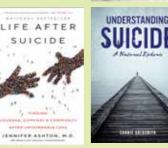
- Alaska Missionaries / 616.85 ALA / DVD
- Living and Dying in America: The Politics of Healthcare / 362.1 LIV / DVD

WEBSITES: National Suicide Preventing Month/AFSP



https://afsp.org/national-suicide-prevention-month -(20250720)





CASEY / HOVEY

ARMY COMMUNITY SERVICE

BLDG S-2451, Entrance B



Real-Life Solutions for Successful Army Living

Army Emergency Relief (AER) (315) 722-1577/1578 Front Desk (315) 722-1578/1569 **Family Advocacy** (315) 722-1568/1578 **Financial Readiness** (315) 722-1577/1578 **Army Volunteer Program** (315) 722-1578/1569

Domestic And Child Abuse Hotline 050-3357-8913 or DSN 757-8913

* From Cell Phone: 05033+Last Six DSN Example: 7XX-XXXX → 050-33XX-XXXX

Hours of Operation

ACS & AER

Monday-Wednesday & Friday: 0800-1700 Thursday: 1300-1700

Army Volunteer Program (AVC)

Interested in Volunteering? Sign-up for the Volunteer Management Installation System (VMIS). Also, training is available for the Organization Point of Contact (OPOC). Please contact Army Community Service.

ACS Classroom (Bldg. #2451) DSN 722-1578 or 050-3322-1578

Relocation Readiness Program (RRP)

Lending Closet - If you are newly arriving and need essentials like pots and pans, coffee makers and other kitchen items until your HHGs arrive, stop by and borrow from our lending closet for up to 90 days. (Extensions granted for extenuating circumstances.)

Newcomers Orientation: Wednesday, 24 September, 0900-1600 Multi-Purpose Complex, Bldg. T-1817 (Casey Movie Theatre)

Army Emergency Relief Program

Army Emergency Relief (AER) provides emergency assistance to Active-Duty Service Members, their Families, and Retired Service Members. Please call 050-3322-1577 or DSN 315-722-1577 during regular duty hours from 0830-1600.

AER Commanders and Soldiers Training are available upon request by contacting Casey ACS at 050-3322-1577 or DSN 315-722-1577.

Learn more about AER's MG James Ursano Scholarship Program: https://www.armyemergencyrelief.org/ scholarships/child/

POC: Ms. Barbara Brown, DSN 722-1577 or 722-1578.



Family Advocacy Program

Education for Professionals: Training for mandated reporters (Law Enforcement Personnel, Medical and Chaplains). Training is available for other community agencies on the identification, reporting, and treatment of domestic and child abuse; the referral process; available programs, services, and resources.

*Group or Individual sessions for other Basic Life Skills are also available upon unit request or individual appointment.

Please contact ACS, DSN 722-1578.



Financial Readiness Program

Financial Readiness Common Military Training





Scan code for more information or visit www.Financial Frontline.org.

Guide To Record Training Completion

Milestone Training Requirements

Financial Readiness Common Military Training must be conducted using the Army's specific standardized training covering the topic areas of basic finance, consumer protections, planning for the future, compensation and benefits, saving and investing and major purchases, aligned with the personal and professional training milestones across the military life cycle.



Soldiers face many changes in their military career. Their finances can remain steady through every milestone, with proper planning. Financial literacy training provides the pathway for sustaining financial well-being and resilience.



Are you a Company, Battalion or Brigade CO, CSM, or 1SG? Utilize the Financial Readiness Tracker within the Commander's Risk Reduction Toolkit (CRRT) to identify and address all of your units' financial readiness milestone requirements.



Training can be completed:

- 1. Face-to-Face*
- 2. Group Session*
- 3. Online at

https://olms.armyfamilywebportal.com *By approved financial educators

It is the <u>Soldier's</u> responsibility to maintain and provide training certificate or other approved proof of training** for verification of completion to Training NCO.





**Completion of training consists of a certificate, a unit training roster, and/or a signed checklist





Training NCO Enters
Training into DTMS



Soldiers who are financially fit are better able to fulfill the duties of the mission and secure a solid financial future.





View resources at the QR code above for how to record the training into the Digital Training Management



Family Advocacy Program

Victim Advocacy

- Domestic Violence Prevention
- 24/7 Hotline
- Unrestricted and Restricted Reporting Options
- Crisis Intervention
- Safety Planning
- Accompaniment to Medical Visits
- Assistance in Obtaining Protective Orders
- Other Support as Needed





Education

- Anger & Your Emotions Class
- Healthy Communications Class
- Healthy Relationships Class
- Offered on the 1st and 3rd Thursday of every month and by appointment

Contact

Victim Advocates

24/7 Hotline: 050-3357-8913



Located: In the ACS Building BI DG: 2451





USAG Yongsan-Casey Command would like to welcome all newly arrived Service Members, Family Members and DA Civilians.

USAG YONGSAN-CASEY NEWCOMERS ORIENTATION

Wednesday, 24 September, 0900-1600 Multi-Purpose Complex Bldg. #T1817 (Casey Movie Theatre)





Community speakers, information tables, coffee / water, prize drawings and more!

Experience Korean Culture: 25 September, 0800-1700

- Korean language class and a visit to a local Korean tourist site.
- Food, liability insurance and a bilingual tour guide will be provided.

Uniform: OCP for service members during the classroom briefings & appropriate weather casual attire with comfortable walking shoes, polo shirt, and khakis during the cultural tours.

- Tours can have up to 40 people per day.
- Schedule is subject to change.

For more information about the Newcomers Orientation, please contact: DSN 722-1578/1569, from cell 050-3322-1578.





Join Our Volunteer Team



VOLUNTEER MANAGEMENT INFORMATION SYSTEM (VMIS)

https://vmis.armyfamilywebportal.com





Thank You to Stars & Stripes readers for voting Dragon Hill Lodge as

BEST MILITARY RESOR







SPACIOUS GUEST ROOMS

Our American style guestrooms and suites make a welcoming home base for all your Seoul searching. Whether it's a short staycation, or a long stay, you will find the best deals for all of our rooms on our website.

HEALTH AND WELLNESS CENTER

Enjoy complimentary use of the 24-hour POINT Health and Wellness Center. The POINT is outfitted with the latest cardio and strength equipment for a complete workout, locker rooms with steam & dry saunas and jacuzzi.

DINING & LOUNGE

In many ways, dining at Dragon Hill Lodge is an event itself. Our restaurants and lounge celebrate American favorites with inspired flair, scratchmade quality, craft brews, spirits and exceptional service.

SERVING THOSE WHO SERVE

Our resort is open to U.S. Military Service Members. Families, Retirees, DoD Civilians, and Purple Heart and Disabled Veterans under the Equal Access Act of 2018. Visit our website for eligibility requirements.



SPECIAL EVENTS

You'll find special holiday events and happenings year-around at Dragon Hill Lodge. You never know what's in store, but you can depend on it being family-friendly fun that doesn't break the bank.



CONTACT US



(C) DSN: #315-738-2222 or #02-790-0016 ext.1



www.DragonHillLodge.com



reservations@DragonHillLodge.com

BUS SCHEDULE



Bus schedules subject to change without notice. Departure and arrival time may vary due to traffic conditions.

CASEY - HUMPHREYS Monday - Thursday										
	Bus 1	Bus 2	Bus 3		Bus 1	Bus 2	Bus 3			
Departure Casey	0600	1000	1715	Departure Humphreys	0600	1300	1715			
Departure Humphreys - Brain Allgood Hospital	0835	1235	1935	Departure Humphreys - Brain Allgood Hospital	0605	1305	1720			
Arrival Humphreys	0840	1240	1940	Arrival Casey	0840	1540	1940			

CASEY - K-16 - HUMPHRE	YS	Friday - Sunday and U.S./Training Holidays						
	Bus 1	Bus 2	Bus 3	Bus 1 Bus 2 Bus	3			
Departure Casey	0600	1000	1715	Departure Humphreys - Bus Terminal 0600 1300 171	15			
Departure K-16	0740	1140	1850	Departure Humphreys - Brain Allgood Hospital 0605 1305 172	20			
Departure Humphreys - Maude Hall	0920	1320	2030	Departure Humphreys - Maude Hall 0615 1315 173	30			
Departure Humphreys - Brain Allgood Hospital	0930	1330	2040	Departure K-16 0750 1450 191	10			
Arrival Humphreys - Bus Terminal	0940	1340	2050	Arrival Casey 0930 1630 205	50			

CASEY - BONIFAS	Sund	ay only	POC (Weekdays, 0800-1630): 763-4984				
Departure CASEY, Bldg S-3007		1300	Departure Bonifas, BLDG S-164	0730			
Arrival Bonifas, BLDG S-164		1400	Arrival CASEY, Bldg S-3007	0830			

CASEY - OSAN (CASEY PA	TRIOT EXPRES	SHUTTLE) Tuesday & Thursday
Arrival Camp Casey Bus Terminal	0400	- ALL military members, dependents and civilians with official
Departure Camp Casey Bus Terminal	0430	travel orders who are in PCS, ETS or TDY status and have been
Arrival OSAN AB AMC Terminal	0630	manifested for the Patriot Express

YONGSAN - HUMPHREYS Week	days (Exc	ept U.S. Holidays) POC (Weekdays, 0800-1630)): 763-4984
Spot Yongsan Bus Terminal (Nearby DHL Parking Lot)	0650	Spot Humphreys - Brain Allgood Hospital	1720
Departure Yongsan Bus Terminal	0700	Departure Humphreys - Brain Allgood Hospital	1730
Departure Humphreys - One Stop	0835	Departure Humphreys - Bus Terminal	1740
Departure Humphreys - 8th Army	0840	Departure Humphreys - 8th Army	1745
Departure Humphreys - Brain Allgood Hospital	0845	Departure Humphreys - One Stop	1750
Arrival Humphreys - Bus Terminal	0850	Arrival Yongsan Bus Terminal (Nearby DHL Parking Lot)	1920

YONGSAN - K-16		Weekdays									
	Bus 1	Bus 2	Bus 3	Bus 4	Bus 5		Bus 1	Bus 2	Bus 3	Bus 4	Bus 5
Departure 1RC BLDG# 4034	0600	0800	1100	1430	1700	Departure K-16	0700	0900	1200	1530	1800
Arrival K-16	0645	0845	1145	1515	1745	Arrival 1RC BLDG# 4034	0745	0945	1245	1615	1845

YONGSAN - K-16	Weekend						
	Bus 1	Bus 2	Bus 3		Bus 1	Bus 2	Bus 3
Departure 1RC BLDG# 4034	0800	1100	1700	Departure K-16	0900	1200	1800
Arrival K-16	0846	1145	1745	Arrival 1RC BLDG# 4034	0945	1245	1845

St. Mary's Hospital Shuttle Service

St. Mary's Hospital in Uijeongbu offers free daily bus transportation for patients arriving from Camp Casey. Soldiers or civilians who've made appointments with the hospital may board the bus at Camp Casey TMC/Health Clinic at 0800. For more information, please call the St. Mary's Hospital (off-base) at 99-820-3636.

>>> PAID

DONGDUCHEON
Casey Main Gate







Dongducheon < > Incheon International Airport - Bus #7100

Location		Da	aily	
Lv. Bosan Station 🔘	0510	0910	1240	1710
Ar. Incheon (T1)	0710	1110	1440	1910
Ar. Incheon (T2)	0730	1130	1500	1930

Location	Daily			
Lv. Incheon (T2)	0830	1300	1630	2030
Lv. Incheon (T1)	0850	1320	1650	2050
Ar. Across from Bosan Station	1050	1520	1850	2250

Casey Main Gate Second Second



One-way fare: •₩15,900 per person

* Cash payment in Korean Won only



STAY CONNECTED!

USAG YONGSAN-CASEY



casey.armymwr.com



YongsanCaseyFMWR



YongsanCaseyFMWR



- Fireworks Display
- K-POP Performances
- Live Bands & DJ Music
- Food & Beverages
- Games & Contests
- Photo Wall
- Giveaways & Prizes
- And Much More!



For more information, call 722-4642 or from cell 050-3322-4642.









